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# **REVIEW**

# PLANAR CHROMATOGRAPHIC TECHNIQUES IN BIOMEDICINE **CURRENT STATUS**

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# LIST OF ABBREVIATIONS





# 1 INTRODUCTION

The analysis of intermediates and participants in metabolic pathways should provide a clue to the site of a metabohc dsturbance Endogenous substances (ES) and/or exogenous substances (ExS) must be determined. Most of the ES are present at low concentrations m the presence of large amounts of contaminants Laboratories are required to supply the clinician with rapid and valuable information from reliable laboratory tests In the study of a disease or a biochemical pathway, the assay time is not critical, but unambiguous identification and quantitation of analytes are needed. Even with the widespread use of immunoassays, chromatographlc and electrophoretic techniques are mvolved when separation is required and/or when antibodies cannot be developed or are not specific enough It should be pomted out that chromatographic techniques approach the sensitivity of radioimmunoassay (RIA).

In this paper we shall focus on planar chromatography (PLC ), which means chromatography in a thin, planar, stationary field with a length to thickness ratio often exceeding 1000 1 Imtially, paper chromatography (PC) was the only planar chromatographic method, but it has been superseded by conventional thm-layer chromatography (TLC ). Nowadays the number of reports on PC 1s sharply declinmg and this technique is often considered obsolete. TLC was extensively used m the period 1970-1980 As a skilful techmcian was needed to handle properly the large number of experimental variables, analysts looked for a fully mstrumentalized technique, and high-performance hquid chromatography (HPLC) gradually replaced TLC

Excellent books appeared on column chromatography [l-3] and the current value and potential of PLC was ignored [4] However, m 1976, Zlatkis and Kaiser [5] edited a book on high-performance thm-layer chromatography (HPTLC) and soon after Guiochon and co-workers [6-91 began to pubhsh extensive work on the performances of TLC In the early 198Os, forced-flow techmques, particularly over-pressured layer chromatography **(OPLC** ), were pioneered by Tyihak et al. [10] and are now readily available [11,12] In recent years, major advances in TLC instrumentation have been achieved [13].

TLC evolved towards more sophisticated and more mstrumentahzed techniques and planar chromatography was mtroduced m this Journal m 1987 to take account of those significant improvements

The purpose of this review is to outline recent progress in the field, to emphasize the fact that most chromatographic techmques are complementary rather than competitive and to survey apphcations m biomedicme. We selected papers from a retrospective hterature search through a direct lurk to Chemical Abstracts Service In the first part of this survey we could not quote all relevant papers which would be far beyond the scope of this review (as we discarded electrophoretic techniques), and m the Apphcations sections we apologize for missmg references Some valuable books and reviews have appeared that are referenced m different parts of this paper.

### 2 EXPERIMENTAL TECHNIQUES

# 2 1 Stationary phases

Many types of precoated plates are commercially available. TLC plates are usually 0.25 mm thick and made with particles ca  $12 \ \mu m$  in diameter. HPTLC plates have a smaller particle size  $(7 \mu m)$ , a smoother surface and the layer is often thinner (0 20 mm). Advantages and drawbacks of both TLC and HPTLC plates have been thoroughly studied [ 14,151. HPTLC layers necessitate appropriate dimensionmg of sample volumes, high-quahty apphcation and very

precise positioning Owing to the possible lack of precise instrumentation, TLC plates are still twice as often reported m the literature as HPTLC plates

The followmg stationary phases are currently available: (a) polar morgamc sorbents (silica gel and, to a much lesser extent, alumina and some oxides),  $(b)$  polar organic sorbents (cellulose, polyamide),  $(c)$  bonded silicas of either polar or non-polar types  $(C_2, C_8, C_{18}$ , phenyl, cyano, amino, diol); (d) ion exchangers, and (e) complex-forming stationary phases or chiral phases for enantiomeric separations

Most of these phases are identical m their synthesis to those available m HPLC Some are specifically devoted to PLC The presence of a bmder and of a fluorescent indicator may cause some slight disturbances in  $R<sub>F</sub>$  values

#### 2 *1 1* Inorganic *polar sot-bents*

Silica gel is the most widely used. Reports on biochemical and clinical apphcatlons with alumina are scarce and metal oxide layers are hardly ever used m this field The slhca surface 1s capable of trapping water molecules from the laboratory atmosphere or from developing solvents, with consequential differences in the observed and published  $R_F$  values Procedures similar to current practice m HPLC (mixtures of dry and wet solvents to ensure identical surface activity) are only possible with OPLC Great care and standardization of experlmental condltlons are necessary and authentic samples must be co-chromatographed with the analytes to be separated m order to ensure reproducible chromatographlc data

In the classical adsorption mechanism, the retention of organic functional groups is as follows hydrocarbons < aromatic hydrocarbons < halogen derivatlves <ethers < esters < aldehydes < ketones < alcohols < ammes < carboxyhc acids In general, the adsorption technique 1s used for the separation of nonpolar or moderately polar materials As many biologically important solutes are highly polar molecules, they are strongly retamed and solvents or mixtures of solvents of high elutmg strength are needed In some instances a high water content 1s advocated (see Section 3) This works reasonably well but a partltion mechanism is involved, with consequential disturbances in the above retention order More troublesome 1s the substantial demlxmg which may occur the components of the eluent which are sorbed strongly by the sorbent sites can cause secondary fronts  $(F_{\alpha}, F_{\beta})$ , and these fronts divide the sorbent layer into zones of different elutmg strength The more complex the mixture of solvents, the more difficult it is to reproduce the retention and it is our opinion that a better insight mto other systems, such as alkyl-bonded phases, should be investigated

In the Chromarod technique, the chromatographic support is a porous, sintered layer of finely divided glass which contains fine particles of an inorganic adsorbent within its pores The method for producmg the Chromarod consists m mixing the fme particles, kneading the mixture with a small amount of slur-

rying agent, applying the slurry to the surface of a thin rod of refractory and chemically stable material and baking at  $900^{\circ}$ C to bond the particles to each other, to the adsorbent particles and to the rod The particles form a firm, coherent layer (0.75 mm thick). Using this procedure, the observed  $R_F$  values are higher than those on conventional sihca gel TLC plates

Owing to the Lewis acid properties of alumma, some mterestmg separations (e.g , steroids [ 161) have been performed, but the use of such supports is rapidly dechnmg. It should be pomted out that new interest in the use of alumma sorbents in HPLC is evident

#### 2 1 2 Polar *organrc sorbents*

Chromatography on polyamide is a process of simultaneous electron donorelectron acceptor interactions With non-polar developing solvents polyamide acts as a normal phase (NP ) and with aqueous or polar eluents it behaves as a reversed phase (RP )

Cellulose for TLC is available in two forms native fibrous and microcrystalhne In cellulose, most glucose units constitute crystallme areas bound into fibres by amorphous  $\beta$ -glucoside linkages It is assumed that the amorphous region may hold water, forming with cellulose a liquid gel that exhibits different solvation properties to those of water (similarly to liquid in micelles). A partition mechanism is responsible for the solute retention, which depends on molecular shape and size and the position of hydrophilic groups in the sample

The particle sizes of polyamide and cellulose are large, with the consequence of poor mass transfer Recently published separations on these sorbents are not very numerous

# 2 1 3 Alkyl-bonded silicas

These phases, which are similar to RP-HPLC packmgs, were mtroduced into HPTLC some years ago RP-2, RP-8 and RP-18 plates are readily available The extent to which these layers can be wetted with aqueous solvent mixtures is limited [17], and to overcome these restrictions RP layers which have a reproducible, lower degree of modification and hence a lower degree of hydrophobicity have been introduced These plates are called RPW (W indicates wettable by water) and permit the use of very high water contents (or even pure water) in the mobile phase RP-HPTLC plates have a considerably narrower particle size distribution and a smaller mean particle diameter than the corresponding RP-TLC plates RP-HPTLC plates have a denser and more homogeneous packing and a smoother surface structure, thus exhibiting better detection capabilities.

With the same developing solvent,  $R_F$  values on wettable RP-HPTLC plates are higher than those on RP-HPTLC or RP-TLC plates. Phenyl-bonded sillcas behave very similarly to  $C_{8}$ - or  $C_{18}$ -bonded silicas In spite of the very wide capabilities of such alkyl-bonded packmgs, their use m planar chromatography 1s only slightly increasing and apphcatlons m blomedlcme are still not very numerous The latest review on the use of bonded phases appeared m 1986 [I81

## 2 1 4 Polar bonded sylicar

Polar bonded phases currently available are of the amino, cyano and diol type, according to the nature of the relevant functional group

As m NH, packing materials for HPLC, the ammo group takes the form of a short-chain alkylammo function The chromatographlc propertles of the ammo plate are largely governed by the polar basic nature of the alkylammo group, which may enter mto weak hydrophobic mteractlons However, the amino plate is wetted with pure water without addition of organic solvents Steroid separations can be performed with pure organic solvents [19] The hfetime of  $NH<sub>2</sub>$  columns in carbohydrate analysis is said to be short This problem does not occur with the plates

In the cyano phase, the cyano functionality is chemically bonded to the surface of the silica gel in the form of a  $\gamma$ -cyanopropyl group As far as polarity is concerned, the cyano phase is very close to RP-2, as was demonstrated in the separation of some corticosteroids [20] Solvent systems exhibiting very different polarities can be successfully used The cyano phase may exhibit acidic or basic properties with different eluents [21] With highly polar mobile phases, the addition of lithium chloride reduces tailing The cyano plates can be used in either the NP or RP mode, which is highly valuable in two-dimensional chromatography and overcomes the problems associated with a two-phase plate with a strip of one phase

The chromatographic behaviour of the diol sorbent is influenced by the spacer group, which 1s different from the propyl group utlhzed with cyano and ammo phases  $S_1(CH_2)_3OCH_2CH(OH)CH_2OH$  This phase behaves in a similar way to silica gel However, the  $R_F$  values on the diol plates are higher than those observed on bare silica gel The diol surface has a lower tendency to adsorb water from the surrounding atmosphere, which leads to much better reproduclblhty of the retention data [ 221

Examples of the potential of polar bonded phases are illustrated m Fig 1 for (a) the separation of some uridine derivatives on an  $NH<sub>2</sub>$  plate and (b) the two-dlmenslonal separation of some sex hormones on a cyano plate with an NP system m the first direction and an RP system m the second

# 2 1 5 Ion exchangers, ion pairing

Separations through ion exchange are not widely used m PLC Polyethylenelmme and dlethylammoethyl (DEAE )-cellulose amon exchangers are the most commonly used A Dowex 50-X8 strongly acidic cation-exchange TLC plate is available in the  $Na^+$  or  $Li^+$  form under trade name Fixion (Chroma-



tromx, Palo Alto, CA, U S A ) and has been used in ammo acid analysis and separations of nucleoside derivatives  $[23]$  Unfortunately, a run requires  $1-2$ h m water or organic media

Owing to the basic properties of the ammo group m aqueous media, the ammobonded phase is a weakly basic anion exchanger Polyvalent anions (eg, nucleotides or sulphonic acids) are separated according to their charge, the more negative the charge, the more the solute is retained [19]

Ion-pair extraction has long been exploited for the extraction of drugs from body fluids Into organic phases The ion-pairing technique 1s widely used in HPLC but its application in PLC is less popular The technique is easy to use when care is taken to impregnate the plate evenly by dipping or by numerous predevelopments Otherwise, the Ion-palrmg reagent 1s chromatographed and not evenly distributed in the layer Examples of applicability include the separation of urinary porphyrins [ 241

### 2 1 6 Complex-forming stationary phases

These phases are not commercially available and must be prepared by the chromatographer They are used to carry out Isomer separations It was shown long ago by Morris et al [ 251 that esters of czs and *trans* fatty acids can be separated on silica gel plates impregnated with silver nitrate Argentation chromatography has proved its usefulness m the separation of saturated from unsaturated compounds Morris [ 261 also demonstrated the separation of the *threo* and *erythro* forms of saturated dlhydroxy esters In the form of their borate complexes on silica gel impregnated with aqueous boric acid solutions

### 2 *1* 7 *Endntlomerlc separations*

Owing to the different biological activities of enantiomers, a direct and in expensive method for the analytical control of enantiomeric purity is important and TLC studies on the topic are now rapldly increasing

The properties of cellulose were recogmzed as early as 1948 when ammo acids were resolved by PC [27] In 1980 Blaschke [28] reviewed chromatographic resolution on cellulose, starch and cellulose acetate Yuasa et al [29] reported the TLC separation of D- and L-tryptophan on a crystalline cellulose

Fig 1 (a) Separation of purine derivatives Plate, HPTLC NH<sub>2</sub> F<sub>254</sub>, solvent, ethanol-water (80–20) saturated with NaCl, migration distance, 7 cm Solutes  $1 =$  uric acid,  $2 =$  xanthine, 3  $=$  hypoxanthine,  $4 =$  guanine,  $5 =$  adenine Detection in situ evaluation with TLC-HPTLC scanner (CAMAG), UV 254 nm Reproduced from ref 309 with permission (b) Two-dimensional separation of some sex hormones Plate, HPTLC CN  $\mathrm{F}_{254},$  solvent 1 (adsorption), light petroleum (b p  $40-60\degree C$ )-acetone (65 35), solvent 2 (reversed-phase system) in the orthogonal direction, acetone-water (40 60), development length, 8 cm in both directions Solutes  $1 =$  progesterone,  $2 = 5$ -dehydroandrosterone, 3 = pregnenolone, 4 = 4-androsten-3,17-dione, 5 = oestrone, 6 = androsterone, 7 = testosterone, 8 = oestradiol, 9 = oestriol Detection solutes 1, 4 and 7, UV 254 nm, solutes 2, 3, 5, 6, 8 and 9, spraying with  $MnCl_2-H_2SO_4$ , heating for 5 min at 100<sup>o</sup>C, UV 366 nm Reproduced from ref 20 with permission

plate It seems that cellulose derivatives have a greater resolving capability The morphology of the cellulose trlacetate particles changes drastically during prolonged acetylation Monocrystalline triacetylcellulose plates are stable in aqueous solvents and are resistant to dilute acids and alkalis. Excellent separations on this support have been reported [30] Tricinnamate, trisphenyl carbamate and trlbenzyl ether derivatives have been developed by Ichlda et al [31] and exhibit high enantioselectivity in HPLC but apparently have not yet been applied in TLC.

Cyclodextrms are cyclic ohgoglucose molecules that resemble a truncated cone with both ends open. The hydrophobic cylindrical cavity can include an organic host molecule and the glucose units give a chiral environment. Bonding of cyclodextrms to silica was studied by Alak and Armstrong [ 321, who separated dansyl derivatives of amino acids on a  $20 \text{ cm} \times 5 \text{ cm}$   $\beta$ -cyclodextrin-bonded TLC plate Several geometric and structural Isomers have also been separated with these plates A discussion of the mechanism of separation, structural parameters, solvent effects and binder effects was presented by Ward and Armstrong [ 33 ]

Ligand exchange was introduced into LC by Davankov et al. [34] and extended by Gubitz et al [35] to silica-based stationary phases. TLC application of this concept was developed by Gunther et al [ 361 and Gunther [ 371: an RP plate is dipped into a  $0.25\%$  copper(II) acetate solution and dried, then im-



Fig 2 Photograph of a thin-layer chromatogram of proteinogenic amino acids on Chiralplate Spots  $1 =$  phenylalanme,  $2 =$  value,  $3 =$  isoleucine,  $4 =$  proline,  $5 =$  methionine,  $6 =$  glutamine,  $7 =$  tyrosme,  $8 =$  tryptophan Eluent methanol-water-acetomtrile (50 50 30) Migration distance,  $10 \text{ cm}$  Reproduced from ref  $37$  with permission

mersed m a 0 8% methanohc solution of *(2S,4R,2'RS) -N-* (2' -hydroxydodecyl)-6-hydroxyproline, which is the chiral selector

Differences in the retention of two optical antipodes are caused by dissimilar stabilities of the diastereoisomeric copper complexes built up from the selector and the enantiomers to be separated [38,39] These plates are available as Chiral Plates (Macherey & Nagel, Duren, F R G ) and CHIR (Merck, Darmstadt, F.R.G.), and dipping is no longer required In this mode, underivatized amino acids are resolved (Fig 2), the L-enantiomer exhibiting a higher  $R_F$ value than the D-enantiomer With dipeptides the enantiomer with the C-terminal L-configuration always has a lower  $R_F$  value than that with the C-terminal D-configuration

Chiral plates can be used with forced-flow planar techniques with some care such as a prerun to achieve better wettablhty of the plate with the mobile phase [ 401 The solvent used for the prerun has to be selected so that the compounds to be separated do not migrate and it should be a component of the mobile phase As new phases are appearing m HPLC It may be expected that new types of chiral layers will also appear in TLC, such as chiral crown ether-bonded packing or metal-modified cyclodextrins Chiral separations of acids and amines using ion-pair chromatography m an orgamc phase of low polarity have been successfully utilized in HPLC and may provide high stereoselectivity [41]

#### 2 2 *Sample preparation*

Interfering substances can affect the rehability and sensitivity of a PLC system Solid-phase extraction with selective elutlon has reduced this problem and much time is thus saved Sample volumes from 10 to 500  $\mu$ l can be treated on conventional organo-bonded slhca packed m a small cartridge (Sep-Pak type) Liquid-liquid extraction on high-surface-area porous diatoms is also performed In some instances repeated solvent extractions or even more complex procedures are required More information is given in the Applications sections *(e.g., phospholipids, Section 3 2)* Use of preconcentration zone plates greatly faclhtates the sample clean-up and pretreatment can be carried out m the preadsorbent zone In the same way prechromatographic derivatization can be carried out m situ, thus allowing a better separation of the solutes of interest with the consequence of retammg the mterfermg solutes on the preadsorbent zone or in the lower part of the plate A review on types of in situ prechromatographic derivatization reactions appeared recently  $[42]$ 

# 2 3 *Sample appllcatlon*

A wide range of autospotters capable of applying solutes as spots or streaks are now readily avallable These devices are fully microprocessor-controlled

Handling of sample working volumes have been re-examined recently by Kaiser [43]

# 24 Development

Development chambers have received much attention from researchers but very little from users Three geometric arrangements are possible in conventional TLC or HPTLC circular, anticircular and linear There is no definite advantage of circular or anticircular modes PLC has a unique capability, yiz. two-dimensional development in orthogonal directions with a combination of two different phase systems This mode offers a surprisingly large spot capacity The latest review on applications of two-dimensional TLC appeared in 1983 [44]

In a classical TLC run, the solvent ascends the layer by means of capillary forces and the distance travelled by the solvent front  $(Z)$  and the time  $(t)$  are related by the relationship  $Z^2 = kt$ . The presence of a gas phase dramatically affects the solvent migration [45] through adsorption or evaporation, and Guiochon and Siouffi [46] derived a complete set of equations for every situation They proposed to plot  $Z^2/t$  versus t to check the extent of deviations from a quadratic law The main drawback of the classical development mode is that the optimum velocity of the solvent is reached within a very short period of time

Forced-flow systems appeared in which the gas phase is eliminated and proportionality of  $Z$  versus  $t$  is obtained. In rotation planar chromatography the mobile phase migrates with the aid of centrifugal force A commercial instrument is available (Rotachrom, Zurich, Switzerland) for preparative and analytical purposes [47] Major advances in the field came from the OPLC techmque, which has been improved year by year and can be used with plates or flat beds of any size. The layer is covered with an elastic membrane under a low or high external pressure of water An additional micropump delivers the solvent to the chromatographic bed, which ensures a constant flow-rate [10] Injection of sample solutes can be performed prior to development, as in conventional TLC, or when the flat column is equilibrated All development procedures (circular, anticircular, linear, multilayer) are possible In the linear mode the migration of eluent is achieved by placing a narrow plastic sheet on the layer or making a narrow channel in the layer beyond the position of the eluent inlet The function of the eluent trough is to direct the eluent and to form a linear eluent front

The efficiencies are comparable to those obtained in HPLC [12] and it has been demonstrated that the mean HETP (height equivalent to a theoretical plate) values are almost independent of the retention characteristics of the solutes [48] However, in forced-flow systems the variance of the injection device 1s critical [49] OPLC 1s used as a model for HPLC separations especially with ion-pair systems  $[50]$  and gradient elutions are possible

One of the mam advantages of PLC 1s the capability of checkmg the separation and quickly changing solvents In sequence TLC (e g, Mobil  $R_F$  chamber from Scllab, Therwll, Switzerland), the supply of solvent to the plate layer 1s fully variable m space and time and two-dimensional chromatography m opposite directions can be carried out [51] Soczewinski [52] developed an equilibrium sandwich TLC chamber for continuous development and gradient elution A new concept is the automated multiple development (AMD) technique [53], which 1s a fully automated instrument and represents a very lmproved version of programmed multiple development [ 541 Unlike HPLC, the gradient starts with the more polar solvent and the polarity 1s then decreased The shortest developing distance 1s employed with the most polar elutmg solvent and the longest distance with the most non-polar solvent Evaporation of the solvent from the layer 1s carried out by vacuum, no heat 1s apphed which could provoke the formation of artifacts Apparently no report on the use of AMD for the class fractionation of complex substances, as found in biomedical analysis, has been published

# 2.5 Detection and identification of separated substances

In classical TLC, detection 1s a static off-line procedure Coloured or fluorescent spots are easily detected visually under white or UV hght Some solutes exhibit native fluorescence characteristics on UV irradiation (e g, porphyrins) and are detected at very low levels In most instances microreactions are used to enhance the detection by transformation of the functional groups Reactions are carried out by either spraymg the reagent onto the plate or dipping the layer m the reagent solution In both instances subsequent heating 1s necessary The non-uniformity of the spray may dramatically affect the linearity of the response On the other hand, dipping can damage the layer or some amount of an analyte may be dissolved m the solution Post-chromatographlc derivatizations for TLC have been extensively reviewed [55,56] Measurement of the m situ fluorescence of separated spots has many advantages over m situ UV absorbance measurement With the careful selection of excitation and emission wavelengths, the sensitivity is often increased by a factor of 100– 1000 Fluorescence slgnal enhancement of 10~200 fold was observed when the plate was dipped m a solution of a viscous liquid such as paraffin [ 571 Baeyens and Lin Ling [58] recently produced a useful table of derivatizing reagents for the fluorescence labellmg of functional groups Very promising 1s fluorescence lme narrowing spectrometry, which requires coolmg of the TLC plate to lo-50 K prior to analysis *[ 591* A very impressive detection of polycychc aromatic hydrocarbon-nucleoside adducts was recently reported [60]

Combinations of chromatographic techniques and enzyme reactions give

more specific analyses of the compounds in a body fluid For example, steroids in urine can be detected using  $3\beta$ -hydroxysteroid oxidase [61] (see also Sections  $32$  and  $33$ )

Detection of compounds eluted on a Chromarod can be performed either by flame ionization detection (FID)  $[62]$  or by direct insertion into a thermolonic detector  $[63]$  These detection techniques are mainly used with lipids  $[64]$ 

In recent years, slgruflcant advances have been made m the couplmg of PLC with mass spectrometry (MS) and infrared (IR) spectrometry

Transfer of the solute from a plate to a mass spectrometer is a time-consummg procedure Some devices, such as the Eluchrom (Camag, Muttenz, Swltzerland), permit the recovery of the separated samples Glycosphingolipids are extracted from the layer with methanol, permethylated, purified on a Sep-Pak cartridge, dissolved in 3-mercapto-1,2-propanediol and analysed by fast atom bombardment (FAB) MS [65] Ramaley et al [66] reported a method for obtammg a chromatogram and mass spectra simultaneously The method Involves heating part of the TLC plate with an incandescent filament or pulse laser while movmg the TLC plate m order to desorb sequentially the separated components, which are introduced into a mass spectrometer together with the reagent gas for chemical ionization The method has been used with lipids The current trend 1s towards FAB-TLC without an extraction procedure a TLC plate can be placed mto the cavity of a helium-neon laser which serves as a probe An argon pump laser overlaps with the probe beam at the chromatogram spot [67] Another soft ionization technique is secondary ion mass spectrometry (SIMS), which can yield a strong signal with peptide molecules, developed by Busch [68] A modular Instrument for direct TLC-SIMS 1s now on the market

IR spectroscopy involves the transfer of the TLC eluate to an IR-transparent substrate [69] prior to measurement of its Fourier transform diffuse reflectance IR spectrum (Analect, Irvme, CA, U S A ) Diffuse reflectance Fourler transform spectroscopy (DRIFTS) permits both quantitative and qualitative characterization of a TLC spot with one measurement A general paper on TLC-DRIFTS appeared in 1988 [70]

# 26 Quantitation

Scanning densitometry is still the most efficient procedure for obtaining reliable quantitative data Some difficulties arise, as the densitometric quantitation of spots depends on the mass of material in the spot but also on the area which the spot occupies Modern densitometric scanners are linked to personal computers and are equipped for automated peak location, multiplewavelength scannmg and spectral comparison of fractions and are capable of measurement In any mode (reflectance, absorption, transmission, fluorescence) A laser has a higher spectral intensity than a lamp source and can be confined to zones of 5-10  $\mu$ m The sensitivity is dependent on the nature of the layer (polyamide or silica) and picomoles of solutes are detected [71] However, a soft laser is required in order to avoid laser-induced chemical reactions With ultraviolet-visible (UV-VIS) or fluorescence analysis the detection limits are  $0$  1-1 ng, which compare well with current practice in HPLC For radiolabelled compounds, new computer-assisted systems based on radiation imagery, linear analysers and the beta camera offer better resolution and more accurate quantitative data

Videodensitometry is now emerging The video-based image analyser utihzes a TV camera coupled to a suitable imaging device to produce an electronic video Image, which 1s then suitably processed Camera tubes are also called vacuum image sensors and were introduced by Gianelli et al [72], Pongor [73], Prosek et al [74], Gonnord [75] and Belchamber et al [76] Solid-state sensors are usually photodiodes and exist in linear form or as matrix devices A matrix sensor with  $2048 \times 2048$  diodes has recently been introduced and solidstate sensors are considered to be the future [ 771 From a comparison between video and classical densitometry, the advantage is still in favour of the latter mode [78] OPLC is suitable for both on-line and off-line detection In the offline mode, classical TLC scanning densitometry can be utilized In the on-line mode, the elultes are measured m the drained eluent by connecting a flow cell detector to the eluent outlet  $[12]$  in a similar manner to that in HPLC procedures

# 2 7 *Trends*

Selection of the 'best' solvent composition for the mobile phase is a major task Optimization procedures which are now popular in HPLC are entering the domain of TLC

The Prisma model of Nyiredy et al [79] is derived from statistical mixture design and consists of an unhmlted number of triangular solvent diagrams stacked to form a prism Inslde the triangle It 1s possible to define several ddferent combmatlons of solvents and the vertical axis corresponds to mcreasmg solvent strength The three best solvents resulting from preliminary experiments are chosen to determine the corners of the prism The solvent strength of the mixture is then adjusted by dilution with n-hexane In the next step at optimum solvent strength the selectivity is optimized by choosing three points near the corners of the triangle This model has received much attention in both TLC and OPLC [BO] In PLC the more readily accessible measure of the quality of a separation is the distance between the different spots De Spiegeleer et al [81] pointed out that a resolution-based criterion would be impossible to handle owing to the lack of information on spot widths The ideal separation would have  $q$  components equally spaced. The ideal value for the *j*th ordered  $R_F$  value would be  $(j-1)/(q-1)$  If the  $R_F$  values are ordered in ascending order, Bayne and Ma [82] defined the response function as

$$
D = \left\{ \sum_{j=1}^{q} \left[ (R_{\mu})_{j} - (j-1)/(q-1) \right]^{2} \right\}^{1/2}
$$

which must be mmlmlzed A further refinement 1s to add a term that measures spread represented by the standardized fourth central moment of the  $R_F$  values In the proposed procedure, the optimization of the separation response was based on a Scheffe polynomial estimated from *25* experimental runs, which 1s far too many

In two-dlmenslonal PLC, Gonnord et al [83] have defined two functions, the aim being to maximize the sum of the squares of all the possible distances between any pair of spots (the  $D_A$  function) and to minimize the sum of the inverse of the squares of the distances between pairs of spots after ehmmatlon of the unresolved pairs (the  $D_{\rm B}$  function)

$$
D_{\rm A} = \sum_{i=1}^{k} \sum_{j=i+1}^{k} [(x_i - x_j)^2 + (y_i - y_j)^2]
$$
  

$$
D_{\rm B} = \sum_{i=1}^{k} \sum_{j=i+1}^{k} \frac{1}{(x_i - x_j)^2 + (y_i - y_j)^2}
$$

where x and y are the distances travelled by solutes  $\iota$  and  $\jmath$  in one development  $(x)$  and orthogonal development  $(y)$ 

Nurok and co-workers [ 84,851 proposed a planar response function which 1s derived from the above  $D_A$  and  $D_B$  functions and developed an optimization scheme for the separation of standard steroids with either contmuous or twodimensional development

In spite of the capacities of two-dimensional PLC, the coupling of different chromatographlc techniques may solve some very difficult separations Combination of HPLC and TLC gives access to those features that are unique to each technique Brmkman [86] has pointed out that a thm layer can be used as a storage plate to apply detection principles that are not readily suitable m HPLC (see fluorescence hne narrowing) French and Shelly [87] described a nebuhzer interface for combmmg micro-HPLC with HPTLC and Hofstraat et al [88] recently published some quantitative determinations with a coupled HPLC-TLC system

### 2 8 *Planar or column chromatography*

PLC is often critically compared with gas chromatography  $(GC)$  and  $HPLC$ This 1s a matter of endless dispute, but some facts are obvious

With the exception of capillary zone electrophoresls, no separation techmque can compete with capillary  $GC$  in terms of the number of theoretical plates, N, as 100 000 plates are routine laboratory practice Most avallable HPLC columns can provide  $1000$  plates/cm  $(15000$  plates with a 15-cm column) and only 3000-4000 are attainable on the whole plate under the optimum TLC conditions [7] OPLC fills the gap but is still less efficient than HPLC It should be pointed out that fully off-line OPLC exhibits the lowest HETP values and fully on-line OPLC the highest values

A peak capacity of 100 requires an HPLC column of 40 000 theoretical plates, which 1s more than classical columns can produce but 1s very easily achieved in two-dimensional PLC With respect to biomedical analysis, a two-dimenslonal PLC development 1s easier to handle than a column-switching technique

In terms of speed of analysis, a single  $10 \times 10$  cm TLC plate permits the simultaneous analysis of fifteen samples, whereas runs have to be performed sequentially in GC or HPLC PLC is only very cheap when qualitative results are needed When reliable quantitative data are required, PLC is as expensive as column chromatography GC and HPLC are fully automated, whereas PLC still requires manual transfer of the plates In OPLC the edges of the layer must be pretreated Since in conventional TLC the planar chromatographic bed 1s used only once, there 1s no need for any precautions and solvents contaming a strong base (e g , ammoma ) can readily be used, whereas they would quickly destroy an HPLC column

Comparison of mmlmum detectable concentrations 1s difficult According to Brmkman [86], the ppb level 1s attainable with GC or HPLC whereas the ppm level 1s standard m PLC (with some remarkable exceptions) The advantage will be on the side of HPLC as It 1s easier to detect solutes m transparent cells than on non-transparent layers Table 1 lists some of the mam features of HPLC and PLC and is far from exhaustive In the authors' opinion, complementary rather than competltlve chromatography provides the best answer to analytical requirements

#### 3 APPLICATIONS TO ENDOGENOUS SUBSTANCES

#### *3 1 LLpcds*

TLC is eminently suitable for lipid quantitative analysis, the most general technique for obtaining a qualitative profile of a total lipid extract is TLC Lipid measurement is of the greatest interest in blood serum, faeces, tissues and ammotic fluid The investigation of serum lipids, mainly cholesterol ester subfractions, has clinical importance in the diagnosis of hepatic diseases and lipid metabolism disorders Hyperlipaemia has an outstanding place among the risk factors of cardiovascular diseases Dermatologists are interested m sebum analysis as some unique features have been evidenced (waxes, squalene, long-chain alcohols) The Vernix caseosa of the human newborn contain diol lipids which are not found m the adult The amounts of extractable lipids may be abundant or very small In studies of cells m culture, the concentration of

#### TABLE 1

## SOME FEATURES OF PLC AND HPLC



most lipids is of the order of femtomoles  $(10^{-15} \text{ mol})$  per cell The chromatography of lipids and particularly the planar chromatography of lipids is very well documented, as many efforts have been made and successful achievements have been obtained in the field of edible oils and fats A general review on lipid analysis appeared m this Journal [ 891, and a book on the chromatography of lipids m biomedical research appeared in 1987 [ 901

Polar lipids (phospholipids and sphingolipids) and non-polar or slightly polar lipids (glycerides and sterols esters) are the two main classes, but many subdivisions exist and class fractionation is one of the maJor tasks of the analyst

### 3 *1 1* Class *fractronahon*

The extraction procedure of Folch et al [91] with chloroform-methanol is generally advocated, with some slight modifications Extraction of lipids from total plasma or cerebrosplnal fluid is performed according to the procedure of Nelson [92] or Mitchell et al [93] In biomedicine, one class of compounds generally requires attention (e g , cholesterol and cholesterol derivatives m blood serum lipids, phosphohpids in ammotic fluids) For this purpose, preparative class fractionation is often carried out by PLC prior to GC or HPLC analysis of individual classes

PLC is unique as successive developments can be performed with different solvents to enhance the resolution between the different classes A single run

may be sufficient, but a smgle solvent does not generally resolve lipid classes Triglycerides can be separated with benzene or chloroform, but different classes of glycerides are only separated with binary or ternary mixtures (Table 2) Chromatography of faecal lipids on Chromarods 1s carried out with benzenechloroform-formic acid (35 15 1) and gives separation m the order cholesteryl esters, triglycerides, free fatty acids, cholesterol, diglycerides, monoglycendes, phosphohpids [94]

Two types of procedures are recommended m the literature: startmg with a strong elutmg solvent with the use of a less polar solvent m a second or a third run, or the reverse

In the first mode, the procedure of Murawski et al [95], checked in a recent book  $[96]$ , consists of a 1-cm run with chloroform-methanol-water (75 25 4) followed, after drying, by migration with chlorcform to the middle of the plate and then hexane-chloroform (30 10) to the upper edge of the plate Shght modifications have been proposed, such as changes m solvent proportions  $(65\ 25\ 4)$  [97] or the addition of acetic acid [98], acetic acid-formic acid [99] or ethyl acetate-acetic acid  $\lceil 100 \rceil$  Different development distances (e g, 4 5) cm) can also be apphed

For the second development, hexane-acetone (100 1) [ 951, hexane-diethyl ether-acetic acid  $(35\ 15\ 1)$  [98] or hexane-dusopropyl ether-acetic acid  $(65 35 2)$  [100] have also been advocated With the last system, separation of lipids into fourteen fractions (five phosphohpid fractions and rune neutral lipid fractions) is achieved without the need for a third development In a rapid analysis of cellular lipids a suspension of cells grown in sodium  $[14C]$ acetate solution is apphed directly to silica gel plates and development is performed first with chloroform-methanol-water-acetic acid (25 15 2 4) and then with

#### TABLE 2

 $R_F$  VALUES OF MAIN CLASSES OF LIPIDS ON SILICA GEL



Mobile phases I = benzene, II = chloroform, III = trichloroethylene-acetomitrile (85 15, v/v), IV = heptane-diethyl ether-acetic acid (70 27 10,  $v/v/v$ )

hexane-diethyl ether-acetic acid (35 15 1) Subsequent autoradiography quickly identifies the separated fractions [ 981

The first development can be carried out with methanol to 3 cm from the origin After drying, a second development is carried out with trimethylpentane-diethyl ether-acetic acid  $(75 25 2)$  In the first solvent, phospholipids move slightly above the origin whereas other hplds move to the second front [ 101,102] The second solvent resolves the mixture mto its major lipid classes In the microanalysis advocated by Yao and Rastetter [103], non-polar lipids are separated with two solvent systems (a) benzene-dlethyl ether-ethanolacetic acid  $(60 \t 40 \t 1 \t 0 \t 05)$  followed, after drying, with  $(b)$  hexane-diethyl ether  $(47 \t3)$  Sphingo- and phospholipids are separated with  $(c)$  methyl acetatepropanol-chloroform-water-O 25% potassium chloride (25 25 25 10 9), then with solvent a Total lipids could be separated with solvent c followed by hexane-dlethyl ether-acetic acid (60 40 0 23) and finally with hexane

Other solvent systems of the same type with mixtures of propanol, methanol, chloroform, water and acetic acid can be found in an extensive literature

Conversely, a sequence of solvents of Increasing elutmg strength may be ured Major lipids of tissues and hpoprotems are separated by automated HPTLC on slhca gel with three solvent systems (a) hexane-heptane-dlethyl ether-acetic acid (126 37 37 2) for neutral lipids, (b) chloroform-heptane (20 30 ) for cholesteryl esters and (c ) methyl acetate-propanol-chloroformmethanol-43 mM potassium chloride (25 25 25 10 9)  $[104]$ 

On developmg the plate first with light petroleum-dlethyl ether (90 10) and then with light petroleum-dlethyl ether-acetic acid (400 100 1) but to a second front 5 cm below the first front, the polar lipids remaining at the origin consist almost entirely of phosphohplds [ 1051

Excellent separation of lipid classes was achieved by Bounias [106], who carried out the first migration with benzene to 12 cm, followed by a 7-cm migration with trichloroethylene-acetonitrile  $(F1g 3)$  The advantage is the use of simple solvents without the need for acetic acid, which in many instances **IS**  highly demixing with the consequence of a ' $\beta$  front' on the plate

In a sample of human gall-bladder bile, separation of bilirubin, cholesterol, bile salts and phosphohplds was achieved with chloroform-light petroleummethanol-acetone (60 20 10 10) developed to 10 cm and acetone-water (50 50) developed to 5 cm The separation was then applied to Chromarods for quantitative purposes (cholesterol, total bile salts, phosphohplds) [ 1071

Dual-phase plates have not received much attention, which is surprising Jee and Ritchie [108] separated major triglycerides from fatty acids, diglycerides and phospholipids with dual-phase Whatman (Clifton, NJ, USA) KCS5 plates and three developments with acetone-acetonitrile (40–1) on the reversed-phase lane Saturated and unsaturated triglycerides were then further separated on the silica part of the plate impregnated with silver nitrate by dipping



Fig 3 Lipid class separation on a silica gel plate with two sequential migrations (a) migration with benzene for 12 cm, (b) migration with trichloroethylene-acetonitrile  $(80, 20)$  Solutes (m increasing order of retention)  $C =$  cholesterol, Est  $=$  cholesteryl esters, EAG  $=$  fatty acid esters,  $TG = \text{triglycerides}, C18 = \text{tristearn}, C12 = \text{trilaurin}, DG = \text{diglycerides}, 13 = 1,3-\text{diglycerides},$  $12 = 1.2$ -diglycerides, St = stearic acid, C24 = arachidonic acid, C16 = palmitic acid, MG = monoglycendes, phl = phospholipids Detection charring with  $H_2SO_4$ 

In three-way TLC [ 1091, precoated silica gel plastic plates are cut to give a square with a strip attached at the top right-hand corner In the first run a lipid extract is applied to the square portion Just below the strip and chromatographed with dusopropyl ether-methanol-acetic acid (50 0 6 0 8), which moves non-polar lipids on to the strip, leaving polar lipids at the origm. The strip is then cut off and separation of the lipids on the strip and the remammg square portion of the plate is completed by conventional one-dimensional development with chloroform-methanol-acetic acid-water (25 8 8 1) or, better, by two-dimensional development [ benzene-hght petroleum (40 60) ] The method has been applied to the analysis of lipids m human bronchoalveolar lavage fluid but quantitation has not been performed

Lipid classes of blood serum from liver disease patients were separated by OPLC on silica gel with toluene-carbon tetrachloride (1 3) as the mobile phase followed by toluene alone, which prevents the use of acetic acid Pick et al. [110] applied a combination of HPLC and OPLC, HPLC was used for the semi-preparative class fractionation of underivatized lipids and OPLC was then utihzed for the analytical separation of the mdivldual glycohpids

### 3 *1 2 Analysts of non-polar or* sightly *polar llpprds*

Quantification of the individual components of this lipid class is of the greatest mterest for the assessment of assimilation diseases Cholesteryl esters, triglycerides and free cholesterol are well separated on silica gel HPTLC plates with hexane-heptane-diethyl ether-acetic acid  $(63 \ 18.5 \ 18 \ 5.1)$  (Fig 4a). Further development with heptane-chloroform (60 40) permits the separation of cholesteryl esters according to the number of double bonds (Fig 4b) [ 1041 Separation of triacylglycerol into subclasses contammg straight- and branched-chain fatty acyl moieties is achieved by HPTLC on sihca gel plates using hexane-diethyl ether-acetic acid  $(90\ 12\ 15)$  as the developing solvent [ 1111. Free cholesterol is always well separated from the other lipids and can



Fig 4 (a) Separation of the neutral hpids on HPTLC plates in *n*-hexane-*n*-heptane-diethyl ether-acetic acid (63 18 5 18 5 1,  $v/v$ ) The external standards, consisting of cholesterol, triolem, cholesteryl formate (internal standard) and cholesteryl hnoleate for calculating the cahbration graphs are applied on the first five tracks (cholesterol  $0\,008-0\,155$  nmol, triolem 0 018-0 36 nmol, cholesteryl formate and cholesteryl linoleate 0 013-0 26 nmol) Track 6 contains the internal standard m the concentration as added to the samples (0 014 nmol per spot) The samples are applied on the remaining tracks For documentation purposes, the HPTLC plates have been overloaded with the samples (b) Separation of the cholesteryl esters (cholesteryl stearate, cholesteryl oleate, cholesteryl hnoleate and the internal standard cholesteryl formate) on HPTLC plates in *n*-heptane-chloroform (60–40,  $v/v$ ) The external standards are applied in masses between 0 039 and 0 26 nmol The concentration of the internal standard applied on track 5 1s 0 104 nmol per spot For documentation purposes, the HPTLC plates have been overloaded Reproduced from ref 104 with permission

be easily quantltated Simple diagnosis of acid hpase deficiency (Wolman's disease) by detection of cholesteryl ester accumulation in the fibroblasts has been proposed, using TLC separation and Nile Red staining [112]

In the diagnosis of cerebrotendinous xanthomatosis [113], only 100  $\mu$  of serum are needed. Cholesterol was converted into  $\alpha$ - and  $\beta$ -epoxides with mchloroperbenzolc acid and separation from cholestanol was effected by RP-TLC Quantitation of cholestanol was carried out by spraying with phosphomolybdic acid (PMA) and subsequent densitometry. The method correlates well with GC measurements and is useful for primary diagnosis [114]

Lipids from patients with alcoholic hver disease were analysed by TLC with specific assays for the major lipid classes, and it was demonstrated that alcoholic fatty liver is accompanied by a major increase (up to 50-fold) in triglycerides and a smaller  $(2-3$  fold) increase in cholesteryl esters  $[115]$  As was emphasized in a review of lipid analysis by Kuksis [90], preparative TLC with subsequent GC analysis is the method of choice

In the quantitative determination of free cholesterol and cholesteryl esters in skin biopsies  $[116]$ , the two classes are separated by TLC, then a silylation or transesterlflcatlon with sodium methoxlde reagent 1s performed with subsequent analysis by capillary GC As was expected, patients with atherosclerosis show higher values of cholesterol than normal In the investigation on the sterol pathway, Pill et al [117] used silver nitrate-impregnated plates to Isolate radloactlvely labelled cholesterol prior to GC-MS However, it has been claimed that the separation and quantitation of fatty acids, sterols and bile acids m faeces can be carried out by GC as butyl acetate derivatives with no overlappmg, obviating the need for prior separation of each class by TLC or column chromatography [ 1181 Scraping the plates IS tedious and the direct analysis of lipids on TLC plates by matrix-assisted SIMS does not require scraping or elution [119] Only 1  $\mu$ g of lipids is necessary and no interference from the adsorbent occurs Isolation of cholesteryl esters by preparative TLC followed by alkaline hydrolysis and enzyme detection with cholesterol esterase (Boehringer, Mannheim, F R G ) was carried out by Wolff  $[120]$ , who claimed that contrary to other reports in the literature, cholesterol esterase from Boehringer has no specificity for the length of fatty acid chains or the degree of unsaturation The kit can therefore be used for the detection of cholesterol esters from sources other than human serum

Triglycerides constitute a sizeable percentage of sebum, the role of which is well established in the aetiology of many skin disorders, principally acne vulgarls In the analysis of sebaceous wax ester secretion rates m men and women aged from 15 to 97, overnight absorption of lipid into a layer of bentomte clay was carried out and subsequent TLC performed [121] The results suggest that sebum secretion declines by 20-30% per decade with a higher decrease for women A sebum-absorbent tape (Sebu Test Strip) was compared with the hexane extraction technique and free fatty acids, cholesterol, triglycerides, waxes and cholesterol esters were separated and determined by TLC [ 1221 Collected human skin surface lipids were subjected to preparative TLC usmg silica gel H and successive development with hexane-benzene (50 50) and hexane-diethyl ether-acetic acid  $(70\ 30\ 1)$  [123] A mixture of trichloroethylene and acetomtrlle (90 10) 1s claimed to be able to separate triglycerides according to the degree of unsaturation [124], but the resolution between triolem and tristearln is poor Argentation chromatography is more suitable  $[125]$ 

Owing to the limited efficiency of TLC, the separation of fatty acids or fatty acid esters according to the chain length is tedious Derivatization into pbromophenacyl esters or the formation of isatin derivatives [126] followed by RP-TLC on  $C_{18}$  plates with methanol-water (88 12) yields a poor separation m comparison with GC profiles

Quantitative lipid determination by TLC is still a matter of dispute Glycerides are measured in hospital laboratories by spectrophotometric or enzymatic procedures and TLC may be superior m performmg a class separation mto mono-, d<sub>1</sub>- and triglycerides and subsequent quantitation. The lipids are usually rendered visible and subsequently quantitated by either charring or stainmg Both methods have drawbacks loss of carbon by conversion to carbon dioxide (charring) or fading of the colours of spots (staining) Exposure of the plate to iodine vapour in a sealed tank was considered as a qualitative method It was converted into a quantitative technique by measuring the rate of decolorization of a solution of cerium  $(IV)$  by arsenic  $(III)$  [127] However, the method requires scraping of the plate and is time-consuming

An inter-laboratory trial on the quantitation of cholesterol by TLC and HPTLC was initiated by Dammann et al [128] The conclusions were that very precise and accurate analytical results are obtained even allowing a free choice of analytical conditions The mean values found was ca  $10 \text{ mg/l}$  with an excellent standard deviation of reproducibility  $(0\ 76-1\ 23\ mg/l)$  Fluorescence measurements after derivatization with manganese  $(II)$  chloride is by far superior to the same derivatization followed by reflectance mode scanning at 546 nm FID, derivatization with anisaldehyde or sulphuric acid and fluorescence measurement are comparable and yield the same results A limit of detection of 0.02  $\mu$ g for sterol and sterol esters was claimed [129] by dipping m copper(I1) sulphate and densltometry FID with an Iatroscan THlO (Iatron Laboratones, Tokyo, Japan) has been considered unreliable [ 1301, but 1s very precise when care is taken to ensure maximum reproducibility [131,132] Quadratic regresslon hnes are obtained by plotting concentrations versus peak areas [94] However, linear regression analysis produced correlation coefficients of 0 998 for cholesterol over the concentration range 0 25-8 0  $\mu$ g/ml The method 1s considered to be so precise that it could be used to cahbrate instruments such as the Infraanalyser (Techmcon, Tarrytown, NY, U S A ), which performs the quantitation of serum lipids by near-infrared reflectance spectroscopy  $[133]$  In some instances the amount of sterol (e g, desmosterol  $\langle 1 \rangle$  ng/ml) is undetectable in cerebrospinal fluid [134] even for selected ion momtormg TLC-GC

# *3 2 Phospholtptds*

This lipid class includes the phosphoglycerides and sphingolipids, all important membrane constituents The determination is particularly important in ammotic fluids, which deserves special mention

## *3 2 1 Phospholtppcds UI ammotlc flurds*

Surface-active phosphohplds have an important influence on the mechanrcal behavlour of the lungs. Alveoli may collapse rn the absence of surfactant and this deficiency 1s responsible for the respiratory distress syndrome (RDS) Prediction of RDS is possible by analysis of phospholipids in the ammotic fluid As was quoted in a recent review  $[135]$ , "at the present time it appears that the method of choice for determination of phospholipids in ammotic fluids 1s the TLC method", A large number of papers have appeared and contmue to appear TLC and HPTLC of phospholipids and glycolipids in health and disease have been reviewed [ 1361 Concentrations of lecithin (L), sphmgomyehn (S) (the L/S ratlo) and phosphatldylglycerol are the most important factors, as was evidenced by discriminant functional analysis  $[137]$  The L/S ratio increases from 0 9 (immature) to 2 6 (mature) between the 30th and 38th weeks of gestation. High concentrations of sphmgomyehn increase the posslbility of RDS. High concentrations of lecithin are correlated with high concentrations of phosphatidylglycerol, and it has been claimed that the presence of phosphatldylglycerol precludes the posslblhty of RDS [ 1381 TLC assays of amniotic fluids from 346 patients have been evaluated [139] and the optimum diagnosis in neonates has been found to rely on phosphatidylglycerol and sphingomyelin concentrations plus the  $L/S$  ratio A ratio of 2 5 is a satisfactory cut-off value for distmguishmg foetal lung maturity and lmmaturlty [ 1381.

Other methods have been proposed and compared with TLC For example, 180 ammotic fluids were checked using three methods two-dimensional TLC. a rapid slide agglutination test and an enzymic colorimetric procedure Apparently the immunological test is simple and rapid but relatively insensitive, as it detects phosphatidylglycerol at concentrations exceeding 2  $\mu$ mol/l [140] Teng et al [141] performed the enzyme analysis of ammotic fluid phospholipids contannng a cholme group and compared the results with those obtained by TLC The trme of assay IS 10 mm but only the L/S ratio 1s obtained. TLC development takes less than 25 mm If ten samples are deposited on the plates within 10 min and a further  $25$  min are required for quantitation, an average of 6 min per sample 1s necessary for TLC Moreover, much more mformatlon 1s obtained on the plate wrth the further advantage of a preserved chromatogram Quantitative analysis of amnlotrc fluid phosphohplds rn drabetlc pregnant women was carried out with HPLC, a foam stability index and TLC [142] and still favoured TLC A new test is based on fluorescence polarization spectroscopy, which measures the anisotropy of a fluorophore between the trme rt absorbs light and emits that light as fluorescence [ 1431. This method 1s much faster than TLC but no comparison of the rehablhty has been performed

*Sample preparation* A 5-ml sample of ammotic fluid is obtained by needle aspiration before rupture of the ammotic membrane The extraction of lipids is often carried out by the method of Gluck and Kulovich [144] or as slightly modified by Kolins et al [145] The procedure has been criticized as centriugation of amniotic fluid may alter the  $L/S$  ratio, acetone precipitation is not very effective in the separation of active lecithin from the other lecithin components A sohd-phase extraction procedure m six steps has been proposed recently [135] and makes use of  $C_{18}$  extraction cartridges Aliquots of sample can be directly spotted [ 1461

*Chromatography* Bare silica gel is generally accepted as the most suitable sorbent The addition of ammomum sulphate to the adsorbent deactivates the layer and is effective on migration However, it has been claimed that dipping m 10% ammonium sulphate solution with subsequent activation at  $100^{\circ}$ C increases the separation, with the exception of phosphatldylethanolamme and phosphatldylserme [ 1471

Mixtures of chloroform, methanol and water were considered satisfactory as early as 1960 [148] Improved resolution of lecithin and sphingomyelin occurs with addition of either acid or base to the water Double development with shghtly different mixtures [chloroform-methanol-acetic acid-water (70 30 4 3) and chloroform-methanol-acetic acid-ethanol-water  $(60 30 4 10 3)$  is needed for the separation of phosphatidylcholine and sphmgomyehn by circular HPTLC [ 1491

In two-dimensional planar chromatography the eluent may contam acetic acid in one direction and a base (ammonia, pyridine, triethylamine) in the other. This procedure takes advantage of the amphoteric characteristics of the solute as amine protonation occurs in one direction and phosphate or carboxyl dissociation in the other However, it has been claimed [150] that two solvent systems differing in ammonia will suffice to separate amniotic fluid phospholipids Comparison of both one- and two-dimensional TLC has been performed and the relative standard deviations  $(R S D)$  were comparable, with the exception of phosphatidylethanolamine, which exhibits a lower  $R S D$  in onedimensional TLC [151] In a one-dimensional system a small amount of light petroleum increases the  $R_F$  between sphingomyelin and lecithin [152] In the two-dimensional system butanol or acetone can be added [153]

### 3 2 2 *Phosphohpplds from other sources*

Table 3 lists some proposed solvents for the separation of phosphohplds on slhca gel plates together with the solvents capable of separatmg lecithin and sphmgomyelm for amniotic fluid analysis Four classes of solvents can be selected from the relevant literature Type I 1s a ternary mixture of chloroform, methanol and water The proportions are modified accordmg to the purposes of the analysis Propanol (or lsopropanol) may be added to tune the selectivity of type I solvents Type II solvents make use of ammonia (or another base, e g , tri- or dlethylamme) Conversely, m type III solvents the base is replaced by formic or acetic acid Type IV solvents are mixtures of five solvents methyl acetate and aqueous potassium chloride are added to increase the selectivity (methyl acetate) and to form an ion-pairing system (potassium chloride)

However, the resolution of phosphatidylethanolamine from its oxidation products could not be achieved by TLC with either acidic, basic or neutral solvent systems [154]

The determination of phosphohplds 1s important Alkenyl ether phospholipids (plasmalogen ) have been described m membranes of animal and human cells A high plasmalogen content seems to be an important characteristic of electrically active tissues Phospholipids of many cancer tumours contain larger amounts of alkyl ethers than healthy tissues. Surfactant decreases the immune response of lymphocytes. Extremely high levels of ether phosphohplds were found in the phospholipid composition of human eosinophils [155]. Preparation of the sample requires much care

Kolarovlc and Fourmer [ 1561 compared five extraction methods for the lsolation of phospholipids from biological sources and advocated the following method, which was checked on rat heart tissue The tissue was stablhzed m  $198 \text{ m}$ M Tris-HCl-0  $25 M$  sucrose-2 mM EDTA-0  $1\%$  bovine albumin (fatty acid free) buffer of pH 7 4 The mixture was centrifuged at  $320 g$  for 10 min at  $4^{\circ}$ C and the supernatant liquid was further centrifuged at 3100 g for 10 min and at 105 000 g for 1 h The microsomal pellet was suspended in 7.9 mM sodium phosphate-O 397 mM EDTA-67 mM potassium chloride-0 1 *M su*crose buffer of pH 7 45 A portion was mixed with water, warmed to  $50^{\circ}$ C and sorucated after the addition of hexane-propanol (30 20) The mixture was centrifuged at  $2500 g$  for 1 min A portion of the supernatant liquid was separated by DEAE-Sephadex chromatography into acidic and non-acidic fractions (in the same way as in Section  $3\,3\,1$  for the preparation of ganglioside fractions) The two fractions were then submitted to TLC In the procedure of Helmy and Hack [ 1571, interfering substances m the organic phase were extracted into butanol saturated with 0 85% sodium chlonde solution Mitchell et al [158] developed extraction procedures for phospholipids and phosphomositides in human erythrocytes, blood platelets and biological cells The lipid extracts of cells are treated, m the same way as above, with EDTA to chelate blvalent cations Subsequent use of type II and type III solvents m two-dlmensional TLC successfully separates a large number of phospholipids.

In spite of the different claims, one may question whether centrifugation and somication markedly change the chemical nature of the sample Touchstone et al [159] applied samples of cell suspensions directly to the preadsorbent zone of a concentration zone plate Extraction was carried out with three successive developments with chloroform-methanol mixtures This procedure extracts phosphohplds from the sample and deposits them on the startmgpomt

The selective affinity of boric acid for cis-diol compounds permits a high retention of phosphatidylinositol, which is well separated from the other phosphohplds [ 1601 The use of RP plates 1s not yet advocated for the separation of phosphohplds from blologlcal materials



PLANAR CHROMATOGRAPHY OF PHOSPHOLIPIDS ON SILICA GEL PLATES PLANAR CHROMATOGRAPHY OF PHOSPHOLIPIDS ON SILICA GEL PLATES

TABLE 3



 $\overline{1}$ chloroform-ethanol-triethylamine-water (30 34 35 8) Solvent III = chloroform-methanol-acidic solution (a) chloroform-methanol-formic acid (55 25 5), (b) chloroform-methanol-acetic acid-water (55 16 5 2), (c) chloroform-acetone-methanol-acetic acid-water(10 3 2 2 1), dine-ammonia-water (130 55 8 4 4), (e) chloroform-methanol-ammonia (5 4 1), (f) Chloroform-methanol-water-ammonia 65 35 3 2, (g) dine-ammoma-water (130 55 8 4 4), (e) chloroform-methanol-ammonia (5 4 1 ), (f) Chloroform-methanol-water-ammonia65 35 3 2, (g) (d) chloroform-methanol-acetic acid-water (45–15–15–02), (e) chloroform-methanol-acetic acid-water (110–55–16–6), (f) chloroform-methanol-acetic acid-ethanol-water (60–30–4–10–0-3), (g) chloroform-light petroleum-methanol-acetic acid (50–30–15–10) Solvent IV = chloro-<br>form-ethyl acetate-propanol-methanol-aqueous KCl (25–25–25–13–9) acid (55 25 5), (b) chloroform-methanol-acetic acid-water (55 16 5 2), (c) chloroform-acetone-methanol-acetic acid-water( 10 3 2 2 l), anol-acetic acid-ethanol-water (60 30 4 10 0 3), (g) chloroform-light petroleum-methanol-acetic acid (50 30 15 10) Solvent IV = chloro (d) chloroform-methanol-acetic acid-water (45 15 15 0 2), (e) chloroform-methanol-acetic acid-water (110 55 16 6), (f) chloroform-me chloroform-ethanol-triethylamine-water (30 34 35 8) Solvent III = chloroform-methanol-acidic solution (a) chloroform-methanol-fo ammoma-water (a) 48 40 5 7, (b) 70 30 5 2, (c) chloroform-ethanol-water-trethylamme (30 35 6 3 5), (d) chloroform-methanolform-ethyl acetate-propanol-methanol-aqueous KC1 (25 25 25 13 9)  $2D =$  one-dimensional,  $2D =$  two-dimensional  $v_{1D} =$  one-dimensional,  $2D =$  two-dimension

Many detection reagents have been proposed. Sherma and Bennett [ 1681 compared many of these reagents and their ability to detect  $2-3$  ug amounts of solute

PMA, copper (II) acetate, copper (II) sulphate, Dittmer-Lester reagent [172] (prepared from molybdic anhydride and molybdenum in acidic solutions), bromothymol blue, 1,2-naphtoqumone-4-sulphomc acid, acid fuchsm-uranyl acetate, potassium p-toluidino-2-naphthalene-6-sulphonate, sulphuric acid in ethanol, nitric acid vapour and  $2'$ , 7'-dichlorofluorescein were examined with application to blood serum analysis All lipids and phospholipids with the exception of dipalmitoyllecithin could be detected within the range  $100-200 \mu$ g on TLC plates and  $50-100$  µg on HPTLC plates These limits are similar to those on RP-18 plates No significant advantage of predipping was evidenced but the detection limits and reproduclblhty were enhanced when a predevelopment of the plate for cleaning purpose was done Copper (II) acetate works well on slhca plates but less so on alkyl-bonded layers Eleven copper (II) compounds were checked by Bltman and Wood [ 1731 and 10% copper sulphate In 8% orthophosphoric acid was selected as the best charring agent Subsequent scanning with a laser densitometer has been used for the determination of phospholipids in lymphocytes  $[174]$  Copper (II) acetate as a charring agent reacts only with unsaturated phospholipids whereas copper  $(II)$  sulphate reacts with both saturated and unsaturated phospholipids

Staining with the periodic acid Schiff stain according to Shaw is still in use [ 1531 Formation of fluorescent derivatives with 8-amlmo-l-naphthalenesulphonate gives a higher  $L/S$  ratio  $[175]$  Some published procedures are tedious in blood serum determination, zones are scraped, digested with perchloric acid and a colour reaction is produced with ammonium molybdate and malachite green or after staining with naphthol blue black, the plates are destained and the spots are removed and extracted with dimethylformamide prior to spectrophotometry [173] Molybdenum blue reagent is specific for phosphorus the plate 1s covered with an ammomum molybdate-phosphonc acid reagent for 1 mm, dried for 5 min and densitometry is performed at 620 nm  $[145]$ 

Fluorescent spots are formed by spraying or dipping the plates in manganese (II) chloride-sulphuric acid [176] Subsequent dipping in paraffinhexane (10 20) doubles the fluorescence The use of 2,5-bis (5-tert -butyl-2'benzoxazolyl)this ophene (BBOT) appears very efficient, the reagent is dissolved m the methanol part of the solvent system at a concentration of 20 mg/ 1 and fluorescent phosphohpld spots are stable for several hours [ 1491 This reagent was tested in the determination of phospholipids in rat lung and 800 ng of sphmgomyehn could easily be detected with a coefflclent of variation of 03% Very simple and efficient detection of phospholipids makes use of film negatives with subsequent laser densitometry [177] Plates are immersed in a

buffer solution of p-toluidino-2-naphthalene-6-sulphonic acid in the dark and photographed Complex lipids are detected quantitatively at levels lower than 25 ng per samplmg zone

An improved procedure for reproducible analysis with Chromarods and subsequent FID quantitation was published by Murray [178] Major phospholipids found in  $3T3-L1$  fibroblast and leukocyte membrane are quantitatively determined in the 1-30  $\mu$ g range with an R S D of 0.2-6 0% Copper(II) sulphate-impregnated Chromarods have also been claimed to be reusable [ 1791 The precision of the Iatroscan method was found to be comparable to that of GC for some phospholipids [180] Plasmalogen quantitation was achieved by Dembistky [181] using mild deacylation in a basic solvent followed by acid hydrolysis and subsequent determination of phosphorus after burning

Alvarez and co-workers [182-184] thoroughly investigated the hydrolysis of phosphohplds with either acid, base or enzyme Plasmalogen ldentlficatlon in seminal fluids can be carried out with in situ hydrolysis to the vinyl ether lipids with trichloroacetic acid and subsequent detection with copper sulphate-orthophosphoric acid reagent Acid hydrolysis yields glycerol and aldehyde, the reaction is carried out on the plate and aldehyde is characterized. In situ alkalme hydrolysis produces glycerol and fatty acid denvatlves, alkyl ether and alkenyl ether groups are not affected by this treatment Enzymatic hydrolysis with phospholipase  $A_2$ , C or D is performed directly on the silica layer and makes possible the characterization of the different phospholipids The detection limit is in the nanogram range which compares well with the 0.05  $\mu$ g obtamed by FID A quantitative determmatlon of phosphatldylglycerol m ammotic fluid involves conversion of the phosphatidylglycerol into glycerol with phosphohpase C and alkylphosphatase and subsequent determmatlon of the glycerol formed [ 1851 Enzymlc generatlon of hydrogen peroxlde from phospholipid followed by oxidative coupling of 4-aminoantipyrine to 2-hydroxy-3,5-dlchlorosulphonate produces a red chromogen that 1s detected at 510 nm [I861

### 3 3 *Gangliosides*

Ganghosldes are complex glycosphmgohplds conslstmg of a hydrophobic acylsphmgosme (ceramlde) moiety to which hydrophlhc ohgosaccharlde umts containing siahc acid (N-acetylneurammic acid) are attached In the Svennerholm nomenclature  $[187]$ , a subscript M, D or T is used to indicate mono-, di- or trisialoganghosides, respectively The following nomenclature is used

 $G_{M1} = Gal \beta 1-3Gal NAc \beta 1-4 (Neu NAc \alpha 2-3) Gal \beta 1-4Glc \beta 1-1Cer,$ <br>  $G_{M2} = Gal NAc \beta 1-4 (Neu NAc \alpha 2-3) Gal \beta 1-4Glc \beta 1-1Cer;$ 

 $\frac{G_{\rm M2}}{G_{\rm M2}}$ 

 $=$ NeuNAc $\alpha$ 2-3Gal $\beta$ 1-4Glc $\beta$ 1-1Cer,

 $G_{D3}$  = NeuNAc $\alpha$ 2-8NeuNAc $\alpha$ 2-3Gal $\beta$ 1-4Glc $\beta$ 1-Cer,

- $G_{\text{D1a}} = \text{Neu} \text{NAc}\alpha 2 3\text{Gal}\beta 1 3\text{Gal} \text{NAc}\beta 1 4(\text{Neu} \text{NAc}\alpha 2 3)\text{Gal}\beta 1 4\text{Glc}\beta 1$ lCer,
- $G_{\text{D1b}} = \text{Gal}\beta1-3\text{Gal}NAc\beta1-4(\text{Neu}NAc\alpha2-8\text{Neu}NAc\alpha2-3)$ Gal $\beta1-4\text{Glc}\beta1$ lCer,
- $G_{\text{Th}}$  = NeuNAc $\alpha$ 2-3Gal $\beta$ 1-3GalNAc $\beta$ 1-4 (NeuNAc $\alpha$ 2-8NeuNAc $\alpha$ 2-3) - $Gal \beta1 - 4Glc \beta1 - 1Cer,$

where  $Gal =$  galactose,  $Glc =$  glucose,  $Gal NAC = N$ -acetylgalactosamme, NeuNA $c =$ N-acetylneurammic acid and  $Cer =$ ceramide

The highest levels of gangliosides are found in the brain, where  $GM_1$ ,  $GD_{1a}$ ,  $GD<sub>1</sub>$  and GT predominate Tay Sachs disease is caused by a lack of N-acetylhexosaminidase and ganghosides accumulate in the brain In healthy individuals ganghosldes constitute 6% of the lipids of the bram Increased serum or urmary levels of slahc acid or acetylated derivatives of neurammlc acid have been observed m inflammatory disease or cancers Ganghosldes of human melanoma have been studied [188] and  $GM_3$ ,  $GD_3$ ,  $GM_2$ ,  $GD_2$  and alkah-labile ganghosldes are most commonly expressed by these melanomas. However, the ganghoslde dlstrlbutlon 1s heterogeneous and it 1s necessary to analyse the ganglioside composition of melanoma biopsies, before using monoclonal antibodies to melanoma-associated ganghosldes for melanoma diagnosis

Ganghoslde mapping can be used to check patients with San Flhppo disease  $GM<sub>3</sub>$  is the major ganglioside in normal lymphoid tissue, increased contents of  $GD<sub>3</sub>$  were observed in the blast from children with T cell lymphoblastic malignancies [189] Four major ganghosides containing lactosamine or a lactosamine-repeating structure as the backbone core were recently Isolated from human placenta with a combination of TLC, GC and proton magnetic resonance spectroscopy [190] The accumulation of gangliosides in cerebrospinal fluid of patients with gangliosidoses has been demonstrated. The ganglioside composition of human milk is characterized by the predominance of  $GM<sub>3</sub>$  which, together with GD<sub>3</sub>, constitutes >95% of the total gangliosides [191] GM<sub>1</sub> isolated from human milk was found m all fractions with enterotoxm mhlbltory activity, whereas fractions without  $GM_1$  were inactive [192]

# 3 3 *1 Sample preparatmn*

Ganghoside fractions are obtained by taking advantage of the amphipathic nature of glycolipids Total lipids are extracted with chloroform-methanol mixtures and ganghosldes are then separated from this extract Quantitative extraction of ganghosldes from bram has been thoroughly studied by Suzuki [ 1931 When dealing with extraneural tissues or human erythrocytes with a low ganglioside content, the extraction procedure of Ledeen et al [194] is generally used This procedure, which has been slightly modified by Ando et al  $[195]$ , involves extraction with chloroform-methanol (2 1) at  $37^{\circ}$ C for 30 mm and re-extraction with ten volumes of chloroform-methanol  $(1\ 2)$  at  $45^{\circ}$ C for 30 mm The extracts are mixed, adjusted to a chloroform-methanol-water

ratio of 30 60 8 (solvent A) and applied to a DEAE column which is eluted with **10** ml of solvent A and then **18** ml of chloroform-methanol-O 8 *M* sodium acetate  $(30, 60, 8)$  (solvent B) Neutral lipids and glycolipids are recovered in solvent A and effluent gangliosides and acidic lipids in solvent B, which is evaporated to dryness and the residue dissolved m 0 20 ml of 0 6 *M* methanohc sodium hydroxide and 0 4 ml of chloroform Warming at 37°C for 1 h sapomfies phospholipids. Neutralization with  $0.03$  ml of acetic acid followed by desalting on a Sephadex G-25 column eluted with chloroform-methanol-water (60 30 4 5) 1s then performed The eluate 1s evaporated to dryness and the residue 1s dissolved m 2 ml of chloroform-methanol (80 20) and applied to a slhca column (previously washed with chloroform) and eluted with chloroform-methanol (80 20), which removes fatty acids and sulphatides Gangliosides are eluted with **15** ml of chloroform-methanol (2 3)

In the procedure advocated by Ando et al [195], mono-, d<sub>1</sub>-, tr<sub>1</sub>- and tetrasialoganghosides are sequentially eluted using a gradient from 0 to 06 M aqueous sodium acetate-chloroform-methanol (8 30 60) Salts are removed by gel chromatography usmg Toyo Pearl HW50 (Toyo Soda, Tokyo, Japan) Further purlficatlon 1s performed on an Iatrobeads 6RS-8060 (Iatron, Tokyo, Japan) column, and ganghosides are eluted with a linear gradient of chloroform-methanol-water from 83 **16 0 5** to **20 80 5 [ 1901** Another lsolatlon purification procedure for gangliosides from plasma involves partitioning of the dried total lipid extract in diisopropyl ether-butanol-aqueous sodium chloride (60 40 50) and gel permeation Lipids from cerebrospmal fluid were extracted m chloroform-methanol, then applied to a slhca PBAGO column for separation of phosphohplds and ganghosldes [ 1961 Short-bed contmuous development TLC was used to separate neutral glycohplds and ganghosldes [ **1971.** 

In the procedure of Pick et al. [ 1981, total hpld extract 1s obtained at room temperature with chloroform-methanol through somcation Isolation of acidic and neutral lipid fractions was performed on DEAE-Sephadex A-25 m the acetate form For the recovery of acidic glycolipids the procedure was as follows after incubation the sample was dried in vacuo and the residue dissolved m cold HPLC-grade water, neutralized with dilute hydrochloric acid to pH 4 5 The salt concentration was adjusted to  $0.1 M$  by adding water The sample solution was passed through an ODS cartridge at  $1.5$  ml/min, the acidic glycolipids being collected on the column After washing the cartridge with 50 ml of water the glycohplds were eluted with **30** ml of chloroform-methanol ( **10** 20) Class fractionation was performed by OPLC by isocratic elution with chloroform-methanol (70 30 )

## **3 3 2** *Chromatography*

Silica gel is an effective sorbent for separating the individual gangliosides The mobile phases used are chloroform-methanol-aqueous salts or ammonia, as previously described by Wherrett and Cummg [ 1991 and Ando et al [200]



 $v/v/v$ ), (b) acetonitrile-isopropanol-25 M aqueous ammonia (10 65 25) and (c) and (d) chloroform-methanol-0 2% aqueous calcium chloride (55 45 10) (c) and (40 40 11) (d) Samples  $1 = a$  synthetic mixture of GMI, GD1a, GD1b, GT1b and GQ1b,  $2 = GM3$ ,  $3 = G103$ ,  $4 = G102$ , Fig 5 Ganghoside separations by HPTLC using the solvent systems (a) acetomitrile-isopropanol-50 mM aqueous potassium chloride (10 67 23,  $5 = GMI$ ,  $6 = GD1a$ ,  $7 = GD1b$ ,  $8 = GTIa$ ,  $9 = GTIb$ ,  $10 = GQ1b$ ,  $11 = codfsh-bran total gangloosides$ ,  $12 = monkey-bran total gangloosides$ Each band of standard ganglioside contained  $0\,2\hbox{--}0\,4~\mu$ g in sialic acid Gangliosides were located with resorcinol-hydrochloric acid reagent Reproduced from ref 195 with permission

or propanol-water-pyridine-ammonia-methyl acetate-0 2% potassium chloride [201] A much simpler eluent, tetrahydrofuran-50 mM potassium chloride, was claimed to give good separations [202] It was observed that the calcum sulphate binder (plaster of Paris) affects the resolution and including a salt such as calcium chloride or potassium chloride has been proposed for improving the separation [204] Halogen salts produce excellent separations whereas non-halogen-containing salts only slightly improve the resolution when compared with a system free from salts Strongly ionized cations are effectively associated with gangliosides The lower the polarity of a ganglioside, the faster it migrates on the silica layer and monosialogangliosides exhibit higher  $R_F$ values than d<sub>1</sub>- and trisialogangliosides Within a group the mobility is affected by the number of hexose or hexosamine units Therefore, GM<sub>3</sub> migrates faster than  $GM_2$  and  $GM_1$ 

Chloroform-methanol-aqueous halogen salt systems are often quoted [194-196] and work well However, these solvent systems are very difficult to use in both HPLC and TLC and Ando et al [195] proposed a ternary mixture, acetonitrile-isopropanol-2 5 M aqueous potassium chloride solution (10 65 25) or acetonitrile-isopropanol-2.5 M aqueous ammonia (Fig. 5) The order of mobility is  $GM_3 > GM_1 > GD_{1a} > GT_{1a} > GD_{1b}$  and replacement of the aqueous salt by ammonia changes the sequence to  $GM_3 > GD_{1a} > GT_{1a} > GM_1 > GD_{1b}$ Ammonia-containing solvents are obviously unsuitable for HPLC The change in selectivity has been previously observed and utilized in two-dimensional TLC Ohashi [206] used chloroform-methanol-aqueous ammonia in the first direction and *n*-propanol-aqueous ammonia in the second Chigomo et al  $[207]$ used chloroform-methanol-02% calcium chloride (50 40 10) and propanolammonia-water (60 20 10) in the orthogonal direction Membrane ganglioside changes in murine peritoneal macrophage and human promelocytic leukaemia were assessed by two-dimensional TLC [208]

As silica gel is capable of separating gangliosides on the basis of the oligosaccharide parts, it is expected that resolution on the basis of the ceramide apolar moiety can be carried out by RP-TLC RP-18 plates with acetonitrilemethanol-water (50 19 20) as the eluent permit the separation of a mixture of GM<sub>1</sub> molecular species containing  $C_{18}$  sphingosine,  $C_{18}$  sphinganine,  $C_{20}$ sphingosine and  $C_{20}$  sphingamine [209] Owing to the negative charge of sialic acid at pH 7 0, ion-pair chromatography is possible Tetrabutylammonium was unsuccessful but cetylpyridinium was satisfactory in the separation of GM1,  $GD_{1a}$ ,  $GD_{1b}$  and  $GT_{1b}$  [210]

Silica gel layers were only used in OPLC and a stepped gradient from chloroform-methanol (70 30) to chloroform-methanol-water (55 36 9) is able to separate  $GM_3$ ,  $GM_2$ ,  $GM_1$ ,  $GD_{1a}$ ,  $GD_{1b}$ ,  $GT_{1b}$  [211] Optimization of the ternary mobile phase has been achieved with the Prisma model [212]

### 333 Detection

Picomole levels of gangliosides are readily detected, which makes layer chromatography very competitive Two procedures are in common use. spraying with a reagent and subsequent densitometry or immunostaining Spraying with resorcinol-hydrochloric acid reagent is very sensitive Subsequent heating at  $140^{\circ}$ C vields blue spots for gangliosides Densitometry is carried out at 580 nm and calibration graphs are linear from 1 pmol (the minimum detectable amount) to 50 pmol [195] Ehrlich's reagent (p-dimethylaminobenzaldehyde) is applicable with  $C_{18}$  layers [209]

## 34 Cerebrosides

Cerebrosides are neutral glycosphingolipids Glycosphingolipid nomenclature can be found in Wiegandt's book [213] Kidneys with Fabry's disease exhibit accumulation of galabiosylceramide (Gal $\alpha$ 1-4GalCer, Ga<sub>2</sub>Cer) and globotriaosylceramide (Bg<sub>3</sub>Cer) Separation of individual neutral glycosphingolipids is not well documented In a recent study, Ogawa et al [214] examined the separation of GlcCer, GalCer, Ga<sub>2</sub>Cer, LacCer, Gb<sub>3</sub>Cer and Gb<sub>4</sub>Cer on silica gel plates with polar mixtures of solvents The most successful system was propanol-15 M ammonia solution-methyl acetate-water (75  $5\,5\,25$ ) but the neutral glycolipid composition of human kidney was best resolved with the proportions 75 10 5 15 GlcCer and GalCer were resolved without the need for the borate-impregnated silica layer advocated by Kean [215]

# 35 Sphingolipid detection with immunoassay

Sensitive immunoassay is capable of detecting trace amounts (0.1% of  $GM_1$ ) of the total glycosphingolipids In the procedure of Towbin et al [203], the plate is sprayed with isopropanol-water (20–10) until visible and evenly wet and pressed in contact with a nitrocellulose sheet for 1 min to effect diffusion transfer ('blotting') The sheet is dried then rehydrated with pH 74 buffer solution and unconsumed binding sites are blocked by treatment with diluted horse serum Strips are cut and allowed to react with antiserum, then with a peroxidase-conjugated second antibody After washing, the glycosphingolipid bands are detected with hydrogen peroxide and 4-chloro-1-naphthol Human melanoma gangliosides separated by TLC are hydrolysed on the plate by Vibrio *cholerge* neuraminidase in 5 ml of buffer maintained on the plate for 18 h Products specific to gangliosides  $GM_2$  and  $GD_2$  are detected by an immunoperoxidase staining system after treatment with monoclonal antigangliotetraosylceramide [216]

In the procedure of Yamanaka et al [217], the plate is soaked in 10 mM sodium acetate buffer of pH 50 for 1 h and incubated with sialidase in the same buffer containing  $0.25 \text{ mg/l}$  sodium taurodeoxycholate The reaction is stopped by washing the plate with  $0.1 M$  phosphate buffer of pH  $7.0$  and the asialo compounds are detected by enzyme immunostaining According to Hirabayashi et al. [218], the plate is treated with Arthrobacter ureafaciens sialdase to remove all sialic acids, hydrolysis of gangliosides is performed with sodium taurodeoxycholate and the resulting asialo glycolipids  $GA_1$  and  $GA_2$ are reacted with affinity antipurified  $GA_2$  and anti  $GA_1$  and then with horseradish peroxidase-conjugated anti-rabbit immuno-y-globulin The method is claimed to be highly sensitive (detection of picomole amounts) and reproducible

After treatment with a saturated solution of polyisobutyl methacrylate, nonspecific binding sites are blocked by incubation with buffered saline containing 1% of gelatin and 10% of preheated horse serum for 30 min Chromatograms are then incubated with a saline solution containing antibodies raised against gangliosides at  $37^{\circ}$ C for 2 h A second incubation is carried out with peroxidase-labelled immunoglobulin for 1 h at room temperature in the dark, detection is carried out with hydrogen peroxide-4-chloro-1-naphthol reagent Detection limits are 2-500  $\mu$ g [205]

In the avidin-biotin enzyme system for immunostaining [219], the glycosphingolipids are separated on a silica gel layer, which is then coated with a thin layer of poly (isobutyl methacrylate) and immersed in phosphate-buffered saline containing bovine serum albumin. The plate is incubated with primary and then secondary biotinylated antibody for 30 min and the areas containing bound biotin are detected with use of biotinylated phosphatase avidin reagent The claimed sensitivity is similar to that obtained by RIA measurements Detection of picomole amounts of  $GD_{1b}$  and  $GT_{1b}$  is achieved by the direct binding of <sup>125</sup>I-labelled fragment of tetanus toxin.

Hansson et al  $\lceil 220 \rceil$  dipped the plate in 0.5% poly (isobutyl methacrylate) in diethyl ether After drying, the plate was immersed in  $2\%$  boyine serum albumin in phosphate-buffered (pH 73) saline solution containing sodium azide, then commercial antiserum against blood group antigen A or B (or both) was applied to the plate. Binding was detected with use of <sup>125</sup>I-labelled second antibody and autoradiography A similar method with antibodies directed against human milk sialyloligosaccharides was used to identify gangliosides from human meconium

Direct detection of the oligosaccharides of glycosphingolipids on TLC plates can be carried out by lectins conjugated to horseradish peroxidase and final detection by using a substrate medium consisting of hydrogen peroxide and 3,3'-diaminobenzidine [221] The plates were coated with poly (isobutyl methacrylate) and dipped in phosphate-buffered saline containing 2% boyine serum albumin and kept at room temperature for 1 h Lectin horseradish peroxidase conjugates were overlayed on the TLC plates following by 1-h incubation After thorough rinsing with phosphate buffer solution, the substrates were submitted to peroxidase substrate medium consisting of 3,3'-diaminobenzidine and hydrogen peroxide The technique has been applied to gangliosides but some lecting are more specific for  $\alpha(2\rightarrow 6)$  than  $\alpha(2\rightarrow 3)$  linkages Combination of TLC with high-resolution MS and immunological reaction towards monoclonal anti-Forsseman antibody was used for the identification of pentaglycosylceramide in human kidney [222]

Identification of glycosphingolipids by FAB-MS [65] is tedious as extraction with methanol is followed by subsequent reactions, as described in Section 25

# 36 Porphyrins

# 361 Importance of porphyrins

Porphyrins are tetrapyrrole derivatives with a porphine structure According to the different substituents, porphyrins are commonly named as indicated in Table 4.

Chelates are readily formed with metallic ions  $(N_1, V, Fe)$ . Haemoglobin is formed by association of a protein (globin) and the iron-porphine chelate called haeme Haeme biosynthesis is caused by reaction of glycine with succinic acid and the last derivative is uropophyrin IX. Haematoporphyrin derivative is a

TABLE 4

### FORMULAE OF COMMON PORPHYRINS



$$
A = -CH2COOH
$$
  
\n
$$
E = -C2H5
$$
  
\n
$$
M = -CH3
$$
  
\n
$$
P = -(CH2)2COOH
$$



porphyrin mixture formed by treating haematoporphyrin dihydrochloride with 5% sulphuric acid in acetic acid Haematoporphyrin derivative has been studled by HPLC and it has been demonstrated that it is a complex mixture which may give irreproducible results in clinical tests [223]

Disorders arising from inherited or acquired defects in the biosynthetic pathway of haeme in bone marrow and liver are known as porphyrias [224] Porphyrias can be defined as errors in porphyrin biosynthesis. Porphyrin accumulation in tissues, blood, urine and faeces is the result of problems in haeme biosynthesis Porphyrinuria, which is the increased excretion of porphyrins in the urine, is a symptom, not a disease. In erythropoietic porphyrias, significant amounts are excreted in the urine together with large amounts (up to several thousand micrograms) in the erythrocytes. The skin symptom is photosensitivity with dermatoses, as in the case of cutanea tarda In protoporphyrias the amount of excreted porphyrin in urine is normal Hepatic porphyrias are either congenital or acquired (cirrhosis) Some porphyrins are, with respect to surrounding skin and muscle, preferentially taken up by tumour tissue Urinary and faecal porphyrin patterns are characteristic of each type of porphyria.

### 362 TLC of porphyrins

As was stated recently [225], TLC is the most widely used technique for the routine analysis of porphyrins Distinctive plasma porphyrin profiles are obtained even when total plasma porphyrin levels are slightly elevated Increasing numbers of papers advocate the use of HPLC, but spectrodensitometric scans of porphyrins indicate that some compounds are highly retained This would be troublesome in HPLC but not in TLC Porphyrins usually occur in the free forms, but esterified porphyring are preferentially chromatographed Methyl esters of porphyrins are separated on silica gel with either binary or ternary mixtures of solvents as the mobile phase. Mixtures of hexane with methylene chloride, chloroform or ethyl acetate are considered to be satisfactory solvents Ternary mixtures advocated are benzene-ethyl acetate-methanol, toluene-ethyl acetate-methanol, methylene chloride-carbon tetrachloride-ethyl acetate and chloroform-kerosene-ethanol Separation is according to the number of carboxylic groups

The method published by Petryka and Watson [226] has been checked by Jork and Wimmer [227] Porphyrin extraction from urine or faeces is carried out by lipid precipitation from acetone and subsequent extraction with chloroform When urine is involved, the precipitation is performed with talc after addition of glacial acetic acid to pH 5 Methylation with methanol-boron trifluoride reagent is then performed, which is fairly rapid (20 min) and reliable Chloroform treatment is then necessary for the isolation of porphyrin methyl esters  $R_F$  values lie in the range 0.2–0.8 or 0.1–0.6, depending on the use of benzene or toluene in the developing solvent

Two-dimensional TLC was performed by Elder [228] in 1971 with carbon

tetrachloride-methylene chloride-methyl acetate-methyl isopropyl ether (20 20 10 10) in the first run and two successive developments with benzeneacetone (40–3) then chloroform-kerosene-methanol (200–100–7) in the orthogonal direction In spite of this tedious procedure, the spots are highly diagonalized and the resolution is not very high

The separation on OPLC could be optimized through the Prisma model and the selected solvent was hexane-ethyl acetate-diethyl ether-benzene-dioxane  $(50\ 30\ 10\ 6\ 4)$  [229]

Free carboxylic porphyring can be separated with the ion-pairing technique on an alkyl-bonded layer with a mobile phase consisting of acetonitrile-Ncetyl-N.N.N-trimethylammonium bromide,  $0.1 \text{ m}$  in aqueous acetate buffer  $(pH 41)$  [24] This system takes advantages of the ampholytic character of porphyrins as both their carboxylic acid group and ring nitrogen atoms ionize simultaneously so that the state of ionization and hydrophobicity are pH-dependent A simple ammonium acetate buffer corresponds to the isoelectric point of the porphyrins EDTA is added to the buffer to prevent the formation of metalloporphyrins Completely wettable RP plates are needed owing to the high water content In this mode, six free porphyrins (meso IK, copro I, penta I, hexa I, hepta I and uro I) are well separated Unfortunately no data on the applicability of the method to urine analysis were given A 30-min run time compares well with HPLC In recent HPLC studies by Saitoh et al [230], Garbo et al [231], Johnson et al [232] and Ho et al [233], porphyrin separation was readily carried out on an HPLC precolumn packed with  $3$ - $\mu$ m particles within an 8-min run time per sample, and the product purity was checked by TLC As an HPLC precolumn and TLC are similar in terms of plate efficiencies, such RP chromatography with buffered eluents should be tried in planar chromatography

# 363 Detection

Average values for faecal and urinary porphyrins in normal patients lie in the range  $1-5 \mu g/g$  wet weight Porphyrin UV spectra exhibit absorption in the range 400-408 nm (Soret band) Porphyrins are brilliantly fluorescent in UV light [234] (Fig 6) with some differences in excitation and emission wavelengths On silica gel plates fluorescence is stabilized by treatment with dodecane-hexadecane There is no difficulty with detection and femtomole amounts of solutes are detectable on RP plates [24] with  $\lambda_{ex}$  404 nm and  $\lambda_{em}$  560 nm, the calibration graph is linear between 0 15 and 3 0 pmol

# 37 Prostaglandins

Prostaglandins (PGs) were isolated from the seminal vesicles of the sheep and are one of the most biologically active family of compounds ever discovered Eight groups of natural PGs are known They are unsaturated  $C_{20}$  fatty



Fig 6 Fluorescence scan of a chromatogram track with 3-pmol amount of porphyrins Chromatographic conditions layer, HPTLC RP-18 WF254 s  $(10 \times 10, 20 \times 20$  cm) (Merck), eluent, A = ethanol-dioxane (10 10,  $v/v$ ), B = acetonitrile-isopropanol-acetate buffer, pH 4 1 (9 5 5,  $v/v$ ) v), run time,  $A = 2$  min,  $B = 22$  min, migration distance,  $A = 15$  mm,  $B = 70$  mm Separation from start to front is mesoporphyrin IX (1), coproporphyrin I (2), pentaporphyrin I (3), hexaporphyrin I (4), heptaporphyrin I (5) and uroporphyrin I (6)

acids with a cyclopentane ring In addition to the letter designations to distinguish the substituted ring structure, the numerical subscript indicates the number of double bonds contained in the prostanoic acid chains Thromboxanes have a six-membered heterocyclic ring (Fig. 7)  $PGI<sub>2</sub>$  is characterized by a second heterocyclic ring and its degradation product is 6-keto-PGF<sub>1 $\alpha$ </sub>

Quantitative analysis must fulfil severe requirements (a) high sensitivity as PGs occur in the nanogram or even picogram range in human tissues and body fluids; (b) great selectivity because the physico-chemical properties of the different PGs are very similar The quantitative measurement of PGs can be achieved by biological assays and particularly by RIA or chromatography HPLC and GC-MS after derivatization are often advocated but they are timeconsuming TLC is simple and reliable, as indicated by recent studies on the cyclooxygenase products of arachidonic acid in the pulmonary system [235] or the determination of PGs in umbilical vessels of smoking and non-smoking mothers [236] The last report on PC appeared in 1978 [237] and the method is now considered obsolete owing to its poor sensitivity

Silica gel is still widely used in TLC for the separation and identification of PGs Raajmakers [238] published the  $R_F$  values of 53 PGs and chloroformmethanol-acetic acid-water was considered to be suitable for the separation of all prostaglandin groups from pure substances Korte and Casey [239] utilized a preadsorbent TLC plate with a Celite area as preadsorbent With chloroform-isopropanol-ethanol-formic acid (45–50–0.5–0.3) they separated  $\mathrm{PGE}_2$ 



Fig 7 Structures of a<br>rachidonic acid, prostanoic acid, prostaglandins of the<br>  $\rm PG_{1}$  and  $\rm PG_{2}$  series and thromboxanes  $A_2$  and  $B_2$ 

from  $\mathrm{PGF}_{2\alpha}$  and the major enzymatically formed metabolities of these PGs The order of decreasing  $R_F$  values is as follows arachidonic acid, 13,14-dihy- $\rm dro\text{-}15\text{-}keto\text{-}PGE_2,\quad 13,14\text{-}dhydro\text{-}15\text{-}keto\text{-}PGF_{2\alpha},\quad 15\text{-}keto\text{-}PGF_2,\quad PGE_2,$ thromboxane  $B_2$  and PGF<sub>2 $\alpha$ </sub>. However 6-keto-PGF<sub>1</sub> and PGE<sub>2</sub> are not separated and chloroform-isopropanol-ethanol-formic acid (45 50 0.5 0.3) must be used for this purpose This eluent was also proposed by Goswani and Kinsella [240] Smith et al [241] proposed a continuous development technique for the separation of 6-keto-PGF<sub>1</sub>, PGF<sub>2</sub>, PGE<sub>2</sub>, 13,14-dihydro-15-keto-F<sub>2</sub>, 13,14-dihydro-15-keto- $E_2$  and thromboxane  $B_2$ , the solvent system was ethyl acetate-acetone-acetic acid  $(90 5 1)$  In the rapid  $(1 h)$  ministure (on chromatogram sheets) TLC system for analysis of PGs and lipoxygenase products, Harris and Baenziger [242] proposed a slight modification with the use of ethyl acetate–isooctane–acetic acid–water in various proportions Bomalaski et al [243] examined a large number of mobile phases proposed in the literature and found that none could separate the major cyclooxygenase products of arachidonic acid from  $PGE_1$  and  $PGE_2$  (some eluents were mixtures of six solvents<sup>t</sup>) They advocated argentation chromatography with chloroformmethanol-acetic acid-water  $(90\ 75\ 5\ 0\ 8)$  Two-dimensional TLC has been proposed by Tsunamoto et al [244] for PGs and thromboxanes produced from <sup>14</sup>C-labelled arachidonic acid by a human neuroblastoma cell line The first development was carried out with ethyl acetate-isooctane-acetic acid-water (11 5 2 10) and orthogonal development with chloroform-methanol-acetic acid (90 8 6)

Using RP-TLC, Beneytout et al [245] separated  $PGF_2$ ,  $PGE_1$ ,  $PGE_2$ ,  $PGA_1$ and some arachidonic acid metabolities on silica gel modified with phenylmethylvinylchlorosilane The metabolites of <sup>14</sup>C-labelled arachidonic acid were separated on  $C_{18}$  plates with acetonitrile–water (70–30) [246] and eicosanoids on RP-18 with 0 0025 M orthophosphoric acid-acetonitrile  $(52, 48)$  [247] Vasodilator PGE<sub>2</sub> analogues were separated either on silica gel G with chloroform-methanol-acetic acid (18  $2\,1$ ) or on RP-12 plates with acetonitrile-water  $(35\ 65)$  [248]

To improve detection limits, 4-bromomethyl-7-methoxycoumarin derivatives have been proposed for some authentic samples [246] The optimum ratio of derivatizing agent to PG is 60 at  $40^{\circ}$ C within 15 min. With these derivatives good linearity is observed in the range  $0-200 \mu g$  This compares well with RIA and no cross-reaction can occur

Combination of TLC and HPLC has been advocated by Herman et al [249] They extracted PGEs from frog tissues and treated them with 0.5 M sodium hydroxide solution to convert PGEs into PGBs, which were purified by preparative TLC and subsequently analysed by HPLC on a  $C_{18}$  column with acetonitrile-water-1% acetic acid

Preparative TLC was used for the analysis of metabolites of arachidonic acid Zones containing the analyte of interest were removed and the extracts derivatized by silviation or methylation Subsequent determination was carried out by GC-MS [250] This procedure can be used for the quantitation of the lipoxygenase-derived conjugated 1,3-diene (12-hydroxyeicosatetraenoic acid) instead of a spectrophotometric procedure

# 38 Steroid hormones

# 381 Importance of steroids

Compounds with steroid structures occupy a key position in the human organism The level of the active hormones in serum and their elimination products in urine are of principal interest in the clinical diagnosis of hormone disturbances Glucocorticoid hormones contribute to adipogenic activity in human serum Addison's disease is glucocorticoid deficiency and Cushing's syndrome is glucocorticoid excess

In the female monthly cycle, various steroid hormones controlled by the hypophysis are mobilized during the different phases Maximum progesterone secretion occurs roughly on the 21st day of menstruation Progesterone will at the same time be metabolized and excreted in urine as pregnaned ol glucuronate and allo-pregnanediol glucuronate During pregnancy estrogens are synthesized in large amounts by the placenta instead of ovaries In the early pregnancy test the pregnane- $3\alpha$ ,  $20\alpha$ -diol and allo-pregnane- $3\alpha$ ,  $20\alpha$ -diol which are present in urine in increased amounts can be readily detected by TLC

The most important steroids are divided into three classes  $C_{21}$ ,  $C_{19}$  and  $C_{18}$ steroids

 $C_{21}$  steroids Progesterone the average content of the serum of menstruating women fluctuates between 0.25 and 3.5  $\mu$ g per 100 ml Pregnanediol exceeds the normal value by about 2 mg/l ten days after conception, controlled when oral contraceptives are administered. Cortisol: less than 1% of total cortisol is excreted unchanged in urine.  $6\beta$ -Hydroxycortisol· increased amounts are found in human urine during pregnancy and in cases of hyperadrenocorticism Predmsolone acetate eliminated by healthy livers but not by patients with liver damage Aldosterone: normal aldosterone elimination in the 24-h urine is 10  $\mu$ g

 $C_{19}$  steroids Testosterone increased elimination in Cushing's syndrome (hyperactivity of the suprarenal cortex), increases in androgens are found when one or more enzymes are missing

 $C_{18}$  steroids Estriol, estradiol and estrone the ratio estriol/(estradiol+estrone) is normally unity for men and women, estrogenic steroid concentrations in human urine during pregnancy are important parameters for the gynaecologist

The chromatographic analysis of steroids is well documented, a book by Heftmann [251] appeared in 1976, the CRC Handbook of 1986 covers peptides, steroids and nucleic acids [252] and a review appeared in this Journal [253] on profiling steroid hormones

Many methods are available for steroid determinations bioassay, spectrophotometry, GC-MS, RIA and HPLC with or without subsequent MS This explains the relative decline of the number of published papers on TLC However, GC requires hydrolysis, RIA is very sensitive but only a single compound is detected and cross-reactivity with other steroids is possible According to Kabra [254], there are four types of methods for the determination of cortisol in plasma colour reactions, induced fluorescence, ligand assay and GC-MS or HPLC, but no mention was made of PLC, which has been extensively studied by Lewbart et al [255] and Funk et al [256] Steroid separations by PLC are easy and sample pretreatment or clean-up can be performed on the plate.

Determinations of urinary free cortisol by three methods, PC-RIA, HPLC-RIA and Sep-Pak chromatography-RIA, were compared [257] No marked differences in the results were found but several days are necessary for the first method and 3 h for the last

### 382 Chromatography

Major estrogens are easily separated Many NP systems have been published. Quantitation of estriol in pregnancy urine can be carried out on silica gel plates with butyl acetate-benzene (85 15) This mobile phase system was proposed in 1970 by Touchstone et al [258] and still advocated in a recent book [259]

As the separation of estrogens is very easy, the urine can be treated with  $\beta$ glucuronidase and free estrogens are separated by TLC Benzene-acetone  $(90\ 10)\ [260]$  or chloroform-ethyl acetate  $(80\ 20)$  at  $32-72\%$  humidity are claimed to be efficient for separating major estrogens and androgens [261] A good two-dimensional thin-layer chromatogram was published by Taylor [262] as early as 1972, using chloroform-methanol-water  $(94, 6, 0, 5)$  in the first direction followed by cyclohexane–ethyl acetate (50–50) in the second In a similar procedure,  $C_{19}$  steroids were separated with 1,2-dichloroethane-methyl acetate (80 20) followed by hexane-hexanol (65 35) [263]

Pregnanediol and pregnanetriol in urine extracts are well separated by TLC with silica gel plates and chloroform-acetone (80–10) or chloroform-acetonemethanol (75 15 10) [264] Two solvents and four successive developments are possible [265]

Cellulose layers [266] or polyamide impregnated with propylene glycol [267,268] resolve the estrogens according to their liquid-liquid distribution coefficients, but the use of cellulose plates for steroid separations is not very popular

The relationship between retention and hydrophobic character of steroids is well documented (see, e g, refs 269 and 270), and the availability of alkylbonded plates has given rise to new experimental procedures in the PLC of steroids The order of retention is highly correlated with the octanol-water partition coefficient and the retentions of estrogens, androgens, gestogens and corticoids were studied with methanol-water mixtures on RP-12 [271] and phenyl-bonded plates [272]

A perfect resolution of estrone sulphate, estradiol  $\beta$ -glucuronide, estrone  $\beta$ glucuronide, estriol  $16\alpha$ -glucuronide, estriol  $3\alpha$ -glucuronide and estriol 3-sulphate was observed on RP-18 layers with the ion-pairing mobile phase methanol-0  $5\%$  tetramethylammonium bromide solution in water  $(45\;55$  or  $50\;50)$  $[273]$ .

Prechromatographic derivatization by formylation of the phenolic group and conversion of the resulting aldehyde into a fluorescent derivative with 1,2diamino-4,5-dimethoxybenzene and subsequent separation on an RP layer or HPLC with methanol-aqueous phosphate buffer looks more tedious [268].

Very promising are cyano-bonded plates; estriol, estradiol and estrone are very easily separated with light petroleum-acetone (80 20) and 1.4-androstene-3,17-dione, progesterone and pregnenolone with light petroleum-ethanol (80 20) [274]. Two-dimensional chromatography can be carried out with an NP-like solvent (light petroleum-acetone) in the first dimension and an RPtype solvent (acetone-water) in the orthogonal direction

Diol-bonded silica plates exhibit very similar behaviour and heptane-ethyl acetate or heptane-isopropanol permit good separations of major estrogens and androgens [275]. An immobilized 3,6-dioxaoctanedioic amide substrate has been claimed [276] to be very selective in HPLC, but no attempt at PLC has been made.

With OPLC, twenty major steroids were separated in a two-dimensional system on a silica gel layer with light petroleum-water-saturated ethyl acetate  $(90\ 10\ 1)$  or chloroform-phenol  $(90\ 10)\$  [277]

### 383 Detection

Coupling of estrogens with azo dyes has provided a simple means for the preparation of colour derivatives which may be separated by TLC and then subjected to densitometry Coupling of estrogens with Fast Violet Salt B to produce a yellow derivative was used by Lewbart et al. [255] for the quantitation of estriol in pregnancy urine. Prechromatographic derivatization of plasma cortisol with dansylhydrazine is performed in the dark [256] and HPTLC plates are examined by in situ fluorescence of the derivatives  $(\lambda_{ex} 365$ nm,  $\lambda_{em}$  460 nm), with dansyl chloride the detection limit is 1 ng [278] Shackleton [253] used three different plates with three different reagents for selective detection m-dinitrobenzene for seventeen oxosteroids, Blue Tetrazolium for  $\alpha$ -ketols and antimony trichloride for pregnanetriol

Spraying with simple reagents such as rubeanic acid [279], which is a general spray reagent for steroids, yields excellent results Other recommended reagents are manganese (II) chloride with subsequent heating at  $120^{\circ}$ C and scanning at 366 nm [274] or charring of ammonium sulphate-preimpregnated plates after a p-toluenesulphonic acid spray [280] Spraying with  $0.1 \text{ m}M$  2.3dichloro-5,6-dicyano-1,4-benzoquinone in toluene-acetic acid (70 30) and densitometry [281] has been claimed to be very sensitive for estriol  $16\beta$ -glucuronide Calibration graphs are linear from 0 2 to 2 0 nmol Quantification of ppb levels of estrogen glucuronide in urine was achieved by spraying with  $10\%$ 

sulphuric acid in ethanol, subsequent heating and fluorescence detection  $(\lambda_{ex}$ 366 nm,  $\lambda_{\rm em}$  509 nm) [282]

17-Ketosteroids and metabolites were detected in urine by TLC with videodensitometry [281] The R.S.D is high  $(23%)$  but nevertheless the authors claimed that rapid information is given on endocrine diseases.

Enzyme colour development of urinary 3-hydroxy steroids on a TLC plate was performed by Yamaguchi [284,285] for excretion patterns. The enzymic detection is effected as follows

```
substrate enzyme<br>product catalyst formation of dye
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Hydroxysteroids are converted into oxosteroids by hydroxysteroid dehydrogenase reactions<sup>.</sup>

 $3\alpha$ -hydroxysteroids + NAD<sup>+</sup>  $\rightarrow$  3-oxosteroids + NADH

 $3\beta,17\beta$ -hydroxysteroids + NAD<sup>+</sup> $\rightarrow$ 3,17-oxosteroids

 $NADH + INT \xrightarrow{diaphorase} formazan$ 

When 3B-hydroxysteroid oxidase reaction is involved, hydrogen peroxide is formed, which reacts with phenol and 4-aminoantipyrine:

```
H_2O_2 +phenol + 4-aminoantipyrine peroxidase quinoneimine dye
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In the same way, an enzymic assay of urinary estriol is performed prior to separation by TLC for the determination of urinary testosterone, epitestosterone and androstenedione [286].

# 384 Combined methods

Analysis of testosterone conjugates in urine and serum was carried out by TLC separation of sulphates and glucuronides and subsequent RIA [287] Combination with spectrophotometry [288] is fairly simple. Curtius and Muller [289] achieved a GC-TLC separation of a hormone mixture. The first dimension involves a GC separation, 10% of the effluent being directed to FID and the remainder spotted on a TLC plate Combined TLC–MS without substance elution was used in the direct identification of steroids [290]

39 Bile acids



# 391 Planar chromatographic separation

The bile acids which occur in the free state or as the more polar taurine and

glycine conjugates possess oxygen-containing functional groups in positions 3, 6, 7, 12, 16 or 23 ( $\alpha$ - or  $\beta$ -isomers), in addition to the cholane C<sub>24</sub> skeleton Bile [291], serum [292,293], duodenal contents and crude faecal extracts [294] are examined for the presence and quantitation of bile acids Separation of conjugated and unconjugated bile acids from biological fluids can be carried out by double development on silica gel with propionic acid-isoamyl acetatepropanol-water (30 40 20 10) for 10 cm followed by isosoctane-diisopropyl ether-acetic acid-isopropanol  $(20 10 10 10)$  to the top of the plate  $[295]$ Chloroform-ethyl acetate-acetic acid-2-methoxyethanol (9 9 2 1) was advocated by Szepesi et al. [296] for the isolation and determination of chenodeoxycholic acid and related compounds Cholic, chenodeoxycholic and lithocholic acids and their 3-keto derivatives are separated on silica gel with hexanemethyl ethyl ketone-acetic acid (56–36–8) and diethyl ether-acetic acid (99–1) [297]  $R_F$  values of 28 bile acid standards were reported [298], together with colours produced after spraying with p-hydroxybenzaldehyde-sulphuric acid and heating. Analysis of individual free bile acids in serum involves protein separation, alkaline hydrolysis, solvolysis of conjugated bile acids and purification of lipids prior to separation by TLC on a silica gel plate with a ternary mixture of solvents [heptane-ethyl acetate-acetic acid (5 5 7)] [299] In this mode cholic, chenodeoxycholic and lithocholic acids are well separated  $(R_F)$ values 0 41, 0 47 and 0.72, respectively) but not information is available on the amount of conjugated bile acids. A  $500 - \mu l$  sample from newborns and children is treated with ion-exchange resin prior to TLC separation [292] Depending on the sample pretreatment, 15% of phospholipids may co-migrate with bile acids and extraction of bile acids by liquid-liquid partition between methanol and chloroform can eliminate this interference [300]

The use of alkyl-bonded silica is increasing In one of the first application notes on RP-2 plates from Merck [301], the separation of cholesterol and bile acid derivatives with methanol-acetic acid (80–20) as developing solvent was reported A ternary mixture [ethanol-0 3% calcium chloride-dimethyl sulphoxide  $(50\ 50\ 4)$ ] was proposed by Levitt and Touchstone [291] for the separation of bile acids from rat bile It must be pointed out that this is one of the very rare papers on the use of dimethylsulphoxide as a solvent. Derivatization to methyl esters and chromatographic mobilities of 26 theoretically possible hydroxylated derivatives substituted in one or more of the  $C_3$ ,  $C_7$  and  $C_{12}$ positions of methyl  $5\beta$ -cholanate were thoroughly studied by Iida et al [302] RP plates are effective for the separation of the di- and trihydroxy stereoisomers, whereas the less polar monosubstituted isomers were well resolved in an NP system Combination of both would be very efficient A promising stationary phase is cyano-bonded silica, on which Okamoto et al. [303] performed some separations of cholic acids Bile salts are easily separated from bilirubin on Chromarods [107]

#### 392 Detection

Fluorimetry is the most sensitive detection technique, as  $0.05-0.1 \mu$ g of free bile acids and bile acids conjugated with glycine or taurine are detected by in situ fluorimetry [292,304] Bile acids are converted into fluorescent derivatives by reaction with 5% perchloric acid in methanol [305]. Spraying with 10% sulphuric acid and subsequent heating yields fluorescent, light blue spots on a dark violet background, detection at 370 nm is reliable with a linear calibration graph from 30 to 240 ng [303] Elution from the plate and the use of an enzymic fluorimetric method were proposed by Jagarinec and Parag [299], but the coefficients of variation are high  $(>20\%)$  for deoxycholic and lithocholic acid

Quantification of total bile salts (sodium salts of bile acids) can be carried out on Chromarods with an Iatroscan [107] The calibration graph is linear from  $0.5$  to  $8 \mu$ g

A comparison between GC and PLC has been performed and, with the exception of deoxycholic acid, correlations between the two methods were highly significant  $[291]$ 

### 3.10 Purines, pyrimidines, derivatives of nucleic acids

The analytical separation of nucleobases, nucleotides, nucleosides, purines and pyrimidines and related compounds is a major task in biochemistry Routine PLC is not in widespread use and the number of papers related to this topic is slightly declining

Owing to the possible protonation of these 'flat' bases, ion exchange looks convenient Uridine, uracil, uridine 5'-monophosphate, uridine 5'-diphosphate, uridine 5'-triphosphate and cytosine were separated on polyethyleneimine-cellulose with 0 55 M lithium chloride-0 2% formic acid at  $0^{\circ}$ C [306] This support has been used to elucidate the structures of oligodeoxyribonucleotides by two-dimensional TLC [307] Organic ion-exchange resins have been used by Tomasz [308] and Elodi and Karsai [23] The layer in  $H^+$  or  $NH<sub>4</sub><sup>+</sup>$  form is more convenient and in deionized water the order of decreasing migration rate is adenine, cytosine, guanine and uracil No recent report has appeared on this type of chromatographic support

As was mentioned above, amino-bonded silica gel is a weakly basic ion exchanger Jost and Hauck [309] observed that the four dinucleoside diphosphates, nicotinamide adenine dinucleotide phosphate (NADP), nicotinamide adenine dinucleotide (NAD) and their reduced forms (NADPH and NADH), are separated in this sequence on the basis of charge differences

Coating of cellulose with alcohol-water mixtures has been used for screening immune deficiency due to adenosine deaminase and purine nucleoside phosphorylase deficiency [310] A 1- $\mu$ l amount of urine is necessary, deoxyadenosine and deoxyguanosine are separated from other urine constituents with

aqueous sodium acetate (3% ) lithium chloride solution-methanol (30 70) With aqueous solutions of ammonium sulphate as the mobile phase a linear decrease in the  $R_F$  values of nucleosides at higher salt concentrations was observed [311].

The separation of adenine, adenosine, inosine, hypoxanthine, 2-adenosine 5'-monophosphate, 5-adenosme 5'-monophosphate, adenosme 5'-dlphosphate, adenosme 5' -tnphosphate and dlbutyryladenosme 5' -monophosphate has been performed on silica gel plates [312] Two-dimensional separation of adenme, adenoslne, hypoxanthme, xanthme, uric acid and mosme 1s possible on slhca gel plates with n-butanol-ethyl acetate-methanol-ammoma  $(11 \t3 \t3 \t3)$  followed by *n*-butanol-methanol-ammonia  $(4 \t3 \t3)$  [313] In the detection of purines the proportions of these mixtures are slightly changed [314] TLC on slhca gel was preferred to TLC on cellulose or paper electrophoresls for the analysis of the products of DNA modlficatlon by methylases [3151

Alkyl-bonded layers are by far the most efficient. Cadet et al [316] separated radioinduced degradation products of 2'-deoxyguanosine. The two pyran anomers resulting from imidazole ring opening exhibit high  $R_F$  values owing to their less aromatlc character Successive developments with methanol-water  $(10\ 90)$  resolved N-6- $(deoxy-β-erythropent approxingsyl)-2,6-diamino-5-hy$ droxy-5-formamidopyrimidine from the  $\alpha$ -anomer The resolution of the  $\alpha$ and  $\beta$ -anomeric forms of adenosine and deoxyadenosine has been achieved on a chiral plate with methanol-water-increasing amount of acetonitrile (50 50 30 $\rightarrow$  50 50 400) [317] On these plates  $\beta$ -nucleosides had higher  $R_F$ values than the  $\alpha$ -nucleosides and thymidine does not react with copper (II)

A very useful paper by Lepri et al [318] appeared recently They examined the PLC mobilities of 58 purine and pyrimidine derivatives on an alkyl  $C_{12}$ bonded layer with either a salt-contammg aqueous mobile phase or a nonaqueous solvent The  $R_F$  values are related to hydrophobic moiety, acid-base constants and association of the species in solution With  $C_{18}$  alkyl-bonded slllca and an eluent contammg dodecylbenzenesulphomc acid, Ion pairing occurs and different  $R_F$  values are observed This might be of great importance for possible two-dimensional separations Tables of  $R_F$  values for every system are given m the paper

Visual detection of 0.01- $\mu$ g amounts by spraying with aqueous 1% uranyl acetate 1s claimed to be possible [ 3141 TLC associated with radlochromatography permits the quantitation of as little as 74 pmol of adenosine and TLC associated with liquid scintillation counting 410 pmol of adenosine [312] In the procedure of Maddocks et al [310] for screenmg adenosme deammase deficiency, coolmg in liquid nitrogen 1s carried out and phosphorescence of bands 1s recorded on X-ray film

In the diagnosis of adenine phosphoribosyl transferase deficiency,  $1/\mu$  of urine is submitted to TLC and adenine is detected by its blue phosphorescence at hquid nitrogen temperature in the same way as above [319] Videodensitometry as designed by Pongor [73] has been extensively used by Elodi and Karsai  $[23]$ , who claimed an error reproducibility of less than  $1\%$ 

Patients with inherited adenyl succinase deficiency excrete large amounts of succmyladenosme and succmylammoimidazole carboxamide riboside Pretreatment of urme samples was performed by ion exchange and two-dimensional TLC on cellulose plates was then carried out The solutes of mterest were detected via the dull blue colour produced after spraying with Pauly reagent Concentrations were determined by HPLC [320]

Uric acid is excreted as the prmcipal end-product of purme metabohsm Normal serum levels range from 25 to 75  $\mu$ g/l It is not usually analysed by TLC, an improved reagent is capable of detecting  $5-50 \mu$ g of uric acid but was tested only on bird excreta [321] Conversion of hypoxanthine into uric acid by xanthine oxidase was the last step in a micro-determination of purine nucleoside phosphorylase activity m peripheral blood lymphocytes with a Cobas Bio analyzer The results were compared with those given by TLC and radioautography [ 3221

#### 3 *11 &nary m-game aczds*

These are the end-products of the intermediary metabolism of carbohydrates, ammo-acids, lipids and nucleotides In this field a GC-MS data system such as the MSSMET has been proved very useful Prior to GC-MS analysis a TLC purification step is often requned, as m the mvestigation of organic acids m samples from patients with diabetes melhtus, where four fractions were separated on silica gel plates prior to GC and GC-MS [ 3231

Homovanillic acid  $(HVA)$  and vanilly lmandelic acid  $(VMA)$  are acidic metabohtes of catecholammes HPLC with electrochemical detection gives excellent results However, a quantitative TLC-spectroscopic method of quantitation was proposed by Ufer-Weiss et al [ 324 1. Chloroform-ethanol-formic acid *(50* 10 10) separates HVA and a second development with different proportions (50 20 2) resolves VMA and 3,4-dihydroxymandehc acid (DMA) The plates are dipped m ethylenediamme-chloroform (25 75) after addition of 5% dimethylsulphoxide and fluorescence scanning at 390 nm 1s performed The minimum concentration detected is 2.5  $\mu$ g with a claimed reproducibility of 90% In a study of 200 urine samples from patients with neuroblastoma, Tuchman et al [325] suggested qualitative analysis by TLC and quantitative analysis by GC

Determination of methylmalomc acid m plasma, urine and hver can be carried out by TLC on cellulose with n-butanol-acetic acid-water (13 3 5) and detection with Fast Blue B [326] or diazotization followed by densitometric scannmg of a photocopy of the chromatogram

Alumma- or cellulose-coated plates were suggested by Kuroda et al [327] for the analysis of 5-hydroxyindole-3-ylacetic acid and indol-3-ylacetic acid, with subsequent detection and quantification by phosphorescence. Calibration graphs were linear from 10 pmol to 250 nmol.

In our opinion, the detection of these acids by TLC is easy but quantification by HPLC is more reliable. Combination of TLC with either GC or HPLC is obviously the best choice

# 3 *12. Carbohydrates*

Numerous diseases are accompanied by increased elimination of various sugars in the faeces and urine. In diabetes mellitus, an increase in the amount of sugars other than glucose is observed and these sugars are thought to be involved in the progress of microanglopathy Separation of sugars in the free state is tedious. All chromatographic techniques can be used Standard mixtures are generally well resolved and good HPLC traces on an anion-exchange resin (calcium or lead type) or on ammo-bonded silica can be found in a extensive literature. PC and TLC have been used extensively but they are now considered to be inferior methods for carbohydrates In the review by Robards and Whltelaw [ 3281 it is stated that in the period 1980-1985 TLC represented 14% of the pubhshed papers and PC 3%. Stationary phases utilized in PLC are silica gel with binary, ternary or quaternary mixtures of solvents such as butanol (water-saturated)-triethylamme, ethyl acetate-methanol-acetic acidwater, propanol-methanol-water and propanol-water [329]. The mobility of sugars on silica gel depends on the molecular mass and the number of hydroxyl groups. Plates of silica gel of very large pore size (Si 50 000 from Merck) have been advocated [330] with ammonia-containing eluents. Samples of 1  $\mu$ l of urine from patients with meliturias were used for two-dimensional TLC on cellulose plates [331]. Use of a copper  $(II)$ -loaded stationary phase has been proposed [332] for separating mixtures of carbohydrates Water-containing solvents or pure water are used for development.

In biomedicine, PLC is the method of choice when a single carbohydrate is looked for. Lactulose is checked m the urine of patients with cystic fibrosis using silica gel with a propanol-borate buffer solvent [333]. Sucrose in biological samples was separated on sihca gel with ethyl acetate-isopropanol-water  $(60, 30, 10)$  whereas the mobile phase for fructose was isopropanol-n-butanol-0 5% aqueous boric acid (50 30 20) followed by n-butanol-acetone-0.5% boric acid (40 50 10) [334]

The most important application is the detection of the zone of interest and possible quantification Patzsch et al. [335] compared some monosaccharide separations on silica plate, amino and Si 50 000 plates with subsequent postchromatographic derivatization with aniline, diphenylamine, phosphoric acid, 4-ammohippuric acid, anihnephosphorlc acid, 2-aminophenol, anthrone, urea, naphthoresorcmol, dimedone, PMA, vanillin and zinc chloride, The limit of detection could be lowered to 5-30 ng per spot. Derivatization with dabsylhy-

drazme and TLC of monosaccharide dabsylhydrazones on silica gel with a ternary solvent **(e.g ,** acetomtrile-n-butanol-ethyl acetate, 15 15 1) permit the detection of picomole amounts of sugars [336] This compares well with HPLC detection sensitivity as it is claimed that nanomole amounts are very easily detected and picomole detection requires a pulse amperometric detector

Diagnosis of galactosaemia was carried out by impregnation of a filter paper with blood followed by extraction with  $60\%$  isopropanol and TLC separation on silica gel with propanol-methanol-water (40 20 7 7) spraying with  $o$ -aminobenzenesulphonic acid and quantification by scanning densitometry [337]

In lysosomal acid deficiency (Pompe's disease) diagnosis, urme was desalted on ion-exchange resins, the eluates were evaporated to dryness and the resldues dissolved in water and the tetrasaccharide band was located on the TLC trace. Lactoblonic acid can interfere [ 3381 Ohgosaccharides released from gangliosides by endoglycoceramidase were purified on Sep-Pak  $C_{18}$  and a Sephadex column TLC was then carried out on polyamide with acetonitrile-phosphate buffer solution  $(1\ 1\ {\rm to}\ 2\ 1)$  and the ohgosaccharides were immobilized on the layer by reaction with  $NABH<sub>3</sub>CN$  and submitted to immunostaining and densitometry [339].

OPLC greatly improves the separation. Vajda and Pick [340] separated mono-, di- and trisaccharides on a silica HPTLC plate with elution with acetomtrile-aqueous ammonia-aqueous potassium chloride They used OPLC in the TLC mode with ethanolic orcinol-sulphuric acid detection

### 3 *13 Ammo acrds*

Chromatographic separation of ammo acids is very well documented and an excellent paper on the topic appeared in this Journal [341] HPLC is widely used and o-phthalaldehyde derivatizatlon has proved suitable for erther fluorescence or electrochemical detection PC is still m use as dabsyl derivatives are very easily detected  $[342]$  and simple screening of abnormalities in amino acid excretion is quick and inexpensive [ 3431

Comparison of layers for ammo acid separations was performed by Sleckman and Sherma [ 344,345] Cellulose, slhca gel, ion-exchange and alkyl-bonded stationary phases were evaluated and tables of  $R<sub>F</sub>$  values for essential and nonessential ammo acids were given TLC on RP layers has no advantages over adsorption, partition or ion exchange Owing to the aqueous nature of the mobile phases, the development times are long  $(2-11 h)$  The best results were obtained on Fixion layers,  $0.12$  mm thick,  $1-20$   $\mu$  of untreated urine can be directly spotted but  $65$  h are needed for completion of the chromatographic run

Ion-exchange TLC was also advocated by Issaq and Devenyi [346] Apphcation to screening of blood and urine of newborns was carried out by Kovacs and Kiss [347] Detection of phenylketonuria was performed by liquid-hquid extraction of the urine on Sep-Pak cartridges, elution of phenylalanine and keto acids with methanol and ion-exchange TLC on Fixion plates [ 3481

Selectivity and consequently separation can be improved by mixing sorbents as proposed by Gullner et al [ 3491 or by impregnation of RP plates with dodecylbenzenesulphonic acrd [ 3501 For this purpose two-drmenslonal TLC of dansylamino acrds, as advocated in 1980 by Macek et al. [ 3511, is still the best system An example is the amino acid analysis of patients with leucinosis, citrulhnurra and phenylketonuria. The method does not require deionized urme or deprotennzed serum samples [ 352,353 ] and can be combined wrth autoradiography to detect  $0.1$  pmol of amino acids  $[354]$ .

Urmary methylhlstidine rsomers are separated and determined wrth methanol and chloroform-methanol-ethyl acetate-trrethylamme (70 10 10 5 ) [ 355 ] Screening of aspartylglycosaminuria is performed in this way [ 356]. TLC is very sensitive, as was exemplified in the screening and diagnosis of heterozygous cystinuria; the highest sensitivity of TLC compared with spectrophotometric tests has been demonstrated [357] Detection of 400 fmol of



Fig 8 Separation of PTH-amino acids by OPLC Chromatographic conditions layer, HPTLC silica gel 60  $F_{254}$  (20  $\times$  30 cm, experimental plate, Merck), 1st eluent, chloroform-methanol-acetic acid (90 10 3,  $v/v/v$ ), 2nd eluent, dichloromethane-ethyl acetate (90 10,  $v/v$ ), 1st development time, 20 mm at 16 cm, 2nd development time, 34 mm (continuous development) Peaks  $1 =$  $CySO_3K$ ,  $2 = Has$ ,  $3 = DMSO$ ,  $4 = Asn$ ,  $5 = Gln$ ,  $6 = Asp$ ,  $7 = Ser$ ,  $8 = Glu$ ,  $9 = Thr$ ,  $10 =$ Lys,  $11 =$  Tyr,  $12 =$  Gly,  $13 =$  Trp,  $14 =$  Ala,  $15 =$  Met,  $16 =$  Phe,  $17 =$  Val,  $18 =$  Nle,  $19 =$  $I$ le,  $20 =$ Leu,  $21 =$ Pro

fluorescent Lissamine Rhodamme B sulphonyl aryl derivatives of ammo acids can be performed [ 3581

The application of layer hquid chromatographic techniques is popular for the analysis of phenylthiohydantom (PTH) -ammo acids. A recent review appeared on the TLC of PTHs of ammo acids on different stationary phases [359] The separation of all common PTH-amino acids is better achieved by HPLC Schuette and Poole [360] used continuous multiple development with five development steps and four changes of mobile phase composition to separate eleven derivatives The situation is more favourable m OPLC Fater and Mmcsovics [361] used chloroform-methanol-acetic acid (90 10 2) for the resolution of polar PTH-amino acids and dichloromethane-ethyl acetate  $(90\ 10)$  for the resolution of non-polar PTH-amino acids with an increased migration distance (Fig. 8).

# **4 APPLICATION TO EXOGENOUS SUBSTANCES**

The planar chromatography of pharmaceuticals and drugs would deserve a separate review. PLC is extensively used m this area and the number of references listed m the annual reviews m Analytlcal Chemistry is the largest of all the topics covered

Demands for the determmation of doping substances is rapidly mcreasmg. Apparently no use of PLC is mentioned in the official testing methods of the International Olympics Committee For the enormous task of analysmg some 2000 urme specimens for a broad variety of banned substances, GC is the primary techmque although HPLC is used to screen for most diuretics, caffeine and stimulants that cannot be analysed by GC Samples that are 'positive' from the first quick test are then submitted to GC-MS for further assessment As most tests are quahtative, PLC would be helpful Combmation of the advantages of HPLC and PLC can help to reduce the analysis time. Some doping agents, such as ephedrine, methylamphetanme, stimulants and sympathomimetic amines, were determined by OPLC on silica gel plates with butanolchloroform-ethyl methyl ketone-glacial acetic acid-water (25 17 8 6 4) by Gulyas et al [362] Detection was carried out at 210 nm and the detection limit for caffeine was  $1 \mu$ g Validation of the method is needed as many samples can be simultaneously determined (Fig 9 )

For toxicological screemng analysis TLC is a valuable technique because of its low cost and simphcity and the selectivity of the detection reagents Conventional and modern PLC are used for the separation and determmatlon of cannabmoids [ 363,364]. A densitometric HPTLC method has been developed for the analysis of heroin and cocaine samples using silica gel plates [365]

The separation of heroin, monoacetylmorphine and morphine is needed to check the purity of ilhcit samples of heroin and in post-mortem blood analysis A rapid extraction procedure for codeme and morphme in whole blood has been



Fig 9 Separation of a mixture of doping agents Sorbent, HPTLC silica gel 60  $F_{254}$ , eluent, nbutanol-chloroform-methyl ethyl ketone-water-acetic acid (25 17 8 4 6,  $v/v$ ) (a) OPLC method separation distance, contmuous development, development time, 25 mm (b) Conventional TLC separation distance, 140 nm, development time, 95 min Peaks  $1 =$  strychnine, 2 = ephedrine, 3 = metamphetamine, 4 = phenmetrazine, 5 = methylphenidate, 6 = amphetamine,  $7 =$  desopimon,  $8 =$  coramin,  $9 =$  caffeine

proposed by Tebbett [366]. Red blood cells are fragmented by sonication and the blood sample 1s extracted by passing it through a Bond-Elut column TLC separation on silica gel with methylene chloride-lsopropanol is performed very easily Thermal treatment in the presence of gaseous ammonia yields intense fluorescence of morphine and heroin, which thus can be easily detected m the presence of other drugs [ 3671

In forensic science various TLC methods have been apphed Stead et al [368] published an important paper on standardized TLC systems for the identification of drugs and poisons. Dutt and Poh [369] gave the TLC profiles of some drugs A comparison of extraction methods for methylamphetamme and its metabolites in tissues was carried out by Inoue and Suzuki [370] In a report of two cases of suicide by amoxapme overdoses, Rohrig and Baker [ 3711 advocated TLC for qualitative screenmg and GC for quantitation Owing to the structural similarity of cyclobenzaprme and amitryptiline, they could not be separated by either TLC, HPLC or GC [373]. As was emphasized by Bogusz et al [ 3731, the type of biological matrix and the number of analysts may affect the inter-laboratory precision.

Hippuric acid is a metatobite of toluene and benzoic acid and also of ethylene



Fig 10 Separation of dimedone adducts of formaldehyde and other aliphatic aldehydes by RP-OPLC at different development distances Chromatographlc conditions layer, RP-18 HPTLC silica gel (Merck) with impregnated edges, eluent, acetonitrile-0 005  $M$  potassium dihydrogenphosphate (4 6, v/v), CHROMPRES 10 separation chamber (Labor-MIM, Budapest, Hungary), external pressure on the membrane 10 MPa, different separation distance, standards, 500 ng each, detection, 264 nm using Zeiss Opton PMQ III chromatogram spectrophotometer Peaks  $1 =$ dimedone,  $2 = \text{acetaldemethone}$ ,  $3 = \text{formaldemethone}$ ,  $4 = \text{proponalmethone}$ ,  $5 = \text{butyradde}$ methone  $F_\alpha$  and  $F_\beta$  = solvent fronts, S = starting point, s<sub>o</sub> = starting distance, Z<sub>f</sub> =  $\alpha$ -front distance

glycol. The analysis of hlppuric acid 1s a test of exposure Samples of urine are submitted to TLC on silica gel plates with chloroform-methanol (60 40) or on  $C_{18}$  plates with ethanol-water-acetic acid (65 35 1) Fluorescence quenching permits the detection of 0.5  $\mu$ g [ 374]

According to recent investigations, formaldehyde is a mutagenic and carcinogemc substance Fig 10 shows the separation of formaldehyde and other alipathic aldehydes as the dimedone adducts using an RP chromatoplate (RP-OPLC) and different development lengths The method 1s surtable for the identification and determmatron of these compounds m samples of brologrcal origin

#### 5 CONCLUSION

GC and HPLC have gamed wide acceptance as they are fully mstrumentalrzed, may provide high efficrencles and are equipped with excellent detectors PLC cannot compete and is disqualified when it is used as a very cheap technique A cheap technique means raw qualitative data. Fortunately, new advances m instrumentation have been achieved and m either the conventional mode (essentially TLC) or the forced-flow mode **(OPLC** ) PLC is able to provide quick and reliable data

Many of these improvements are not yet m current practice m the biomedical domam For example, silica gel is still too often considered as a umversal layer and bonded silica phases are not fully and adequately exploited One remarkable exception is enantiomeric separations on chiral plates, which are rapidly expanding. Combmation of TLC and MS is now possible but reports on the topic are not very numerous

Owing to the very complex nature of the solutes to be chromatographed m biomedicme, pretreatment and sample clean-up require great care Direct spotting of the sample on the plate followed by successive developments with different mixtures of solvents acting as sample extraction and pretreatment is obviously one of the major advantages of PLC To our knowledge, it is the only chromatographic technique where cells can be applied directly to the stationary phase In the same way, immunostammg or fluorescence lme narrowing is impossible to achieve m HPLC but fairly easy m PLC

From the literature it is evident that m some areas (e.g., catecholamme quantitation) TLC has been superseded by HPLC When both selectivity and efficiency are required, as m ammo acid and carbohydrate analysis, PLC is declmmg Conversely, m lipid analysis the unique features exhibited by PLC make it a very valuable technique that can be used either as a full separation and quantitation technique or as a preparative step prior to GC analysis

This complementary mode is obviously the best choice m the study of a disease or a metabolic pathway For example, mformation regarding the fatty acid composition of sphmgomyelm from amniotic fluid of normal and diabetic pregnancies is gamed from TLC and subsequent GC. On the other hand, quantitation of one class of lipids (e g , bile salts m gall-bladder bile) or porphyrin profile is conveniently achieved by PLC with the same sensitivity and rehabillty as with HPLC However, m spite of the multiple capablhties, the detection procedure is still too long (with the exception of OPLC) It may be expected that this drawback will be overcome with the advent of rehable videodensitometry

## **6 SUMMARY**

In planar chromatography (PLC), the solvent flows through a layer either by means of capillary forces [conventional thin-layer chromatography (TLC)] or by a forced-flow system (over-pressured layer chromatography) Phases and mstrumentation currently available are briefly exammed The mam apphcations m biomedicme are reviewed Although sihca gel TLC plates still predominate, mterest m other phases is mcreasmg Unique detection features such as immunostaunng are emphasized Although gas chromatography and high-performance hquid chromatography have superseded TLC m the analysis of carbohydrates, ammo acids and mdole derlvatlves, interest in PLC contmues to be high in lipid analysis

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